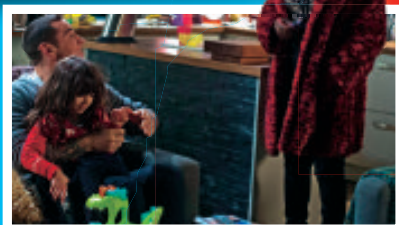


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Issue 334
8 - 14 February 2014

EVERY SATURDAY! YOUR 7-DAY TV LISTINGS

Hot TV



EASTENDERS

BUSTED!

KAT UNCOVERS STACEY'S SECRET LIFE WITH BOYFRIEND LUKE P7

**LICENCE TO
THRILL** P4
**DOMINIC COOPER PLAYS
JAMES BOND AUTHOR**

COLD FEET
**FAY RIPLEY TRACKS DOWN THE
DEAD IN SUSPECTS P5**

**DUTY
CALLS** P5
**BUT IS KEELEY HAWES
A GOOD COP OR
A BAD COP?**

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In the second episode of the new series, Richard Hammond heads to the shores of Lake Como to get his mucky little paws on the new Alfa Romeo 4C. But his fun is brought to an abrupt halt by the arrival on a quad bike of killjoy Jeremy Clarkson, demanding a race. Unfortunately for Richard, Jezza's bike is not entirely as it seems. Then actor Tom Hiddleston, star of *Thor*, *The Avengers* and *War Horse*, tries his hand on the track as the Star In A Reasonably Priced Car – but just how far up the leader board will he get?

■ Sunday, 8pm, BBC2



WATCH THIS!



HOT SHOT
THE WEEK'S
BIGGEST SHOWS

TOP GEAR



NURSE JACKIE

Series five of this drama kicks off with a drug-free Jackie back at work and dealing with bus crash victims. Two new doctors have joined the team and tensions are high at home when Zoey decides to leave.

■ Friday, 10pm, Sky Atlantic



HUNTING HITLER'S STOLEN TREASURES

Actor and director George Clooney is under fire over *The Monuments Men*, his film about the group which retrieved art stolen by Nazis. The record is set straight in this documentary.

■ Sunday, 8pm, National Geographic



THE PROPOSERS

With Valentine's Day just around the corner – on Friday to be exact – professional proposers Daisy and Tiffany kick off this series by helping lovers pop the question in romantic and spectacular ways.

■ Wednesday, 9pm, Lifetime



TROY

With BBC1 currently showing three-year-old repeats of *Dynamo*, E4 is getting in on the magic act with newcomer Troy Von Scheibner, who uses hidden cameras, street magic and close-up studio illusions.

■ Tuesday, 10pm, E4



FIRST DATES

A first date is nerve-racking as it is, but would you let camera crews film every last second of it? Neither would we. Thankfully, though, the couples in *First Dates* have done so, otherwise this fly-on-the-wall documentary series would be pretty boring.

■ Wednesday, 10pm, Channel 4

With no new series of *The League Of Gentlemen* planned, the men behind it are doing a fantastic job with a different story each week under the banner of *Inside No.9*. This week it's comedy gold, as a silent farce tells the story of a burglary that goes awry.

■ Wednesday, 10pm, BBC2

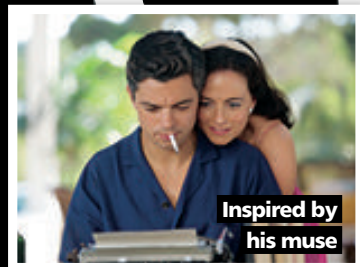


INSIDE NO.9

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WHAT'S
HOT?
HITS YOU JUST
CAN'T MISS!



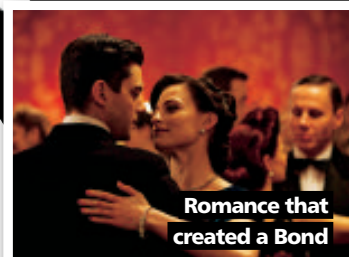
Inspired by
his muse



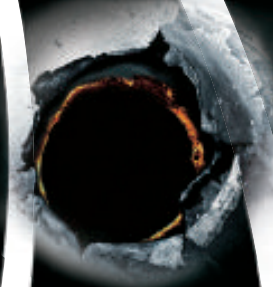
For your
eyes only



Dominic Cooper
as Ian Fleming



Romance that
created a Bond



THE MAN WITH THE GOLDEN PEN

DOMINIC COOPER TELLS HOTTV ALL ABOUT BEING IAN FLEMING



It is more than 50 years since the first *James Bond* film hit the big screen and millions of little boys have since dreamed of a future as the superspy. Little Dominic Cooper was one of them.

"Of course," the actor admits enthusiastically. "There was nothing else like it, to watch that as a kid and think, 'Please let me be able to do that!'"

And now, he is doing it. Or nearly. For Cooper is playing Ian Fleming, the man who created James Bond, in a series that shows the author's life before he eventually struck gold with 007.

It might not be quite as good as playing Bond himself, but, as Cooper says, taking on that particular role would change an actor's life forever.

"I mean 'of course' is the immediate answer," he admits, "but actually the truth behind that answer is that it must be such a huge decision.

"In another respect, it wouldn't be a huge decision because you would have to do it — but how dramatically it has changed actors' lives. I bet a number of

them think 'if I hadn't done it I wonder what path my career would have taken?'"

Not that life as Ian Fleming seems to have been boring. The glossy four-part drama sees Fleming go from a directionless playboy to a key figure in the wartime Naval Intelligence Division, with a dash of action-packed Nazi fighting along the way.

Cooper freely admits that the series is not a biographically detailed account of Fleming's life while director Mat Whitecross describes *Fleming* as sexed up. But the show's star says the version of events presented in the drama is more exciting than the reality.

"There's what he said he did, what the biography said he did and then what we believe him to have done, to make it more entertaining," says Cooper. "Of course, accuracy is important, but who knows what the truth is? Some people suggest it was a bloke sitting in an office behind a desk complaining about his life, which, to me, is not an entertaining piece of drama.

"Or, you can say 'well maybe some of these things did happen and maybe he

was as adventurous as he would have liked to be', which is much more exciting."

The series, co-produced with BBC America, certainly has a licence to thrill, not least in the shape of *Sherlock*'s Lara Pulver, who plays the future Mrs Fleming, Lady Ann O'Neill.

Scenes between the two leads are steamy, to say the least, but Lara, who played Irene Adler in *Sherlock*, says it is all part of Fleming.

"It's historical, it's based in fact and we are telling a story," she says. "But it was never about the sex between these two people, it was about the psychology, it was about the game and it was about physical animalistic energy and abusive-type behaviours that these people had."

So between action and seduction it all sounds so far so *James Bond*, but Cooper promises that viewers will see much more than simply a copycat.

"He is nothing like that at all; he is a failure — which is what is wonderful about this piece," says Cooper. "It exposes the real James Bond — it is actually Fleming's

failings as a person. He couldn't kill another man and this shows the true nature of him. It's not the Hollywood glamorous ending to these people. We see the dark side of them and the reason they have that dark side."

■ **Fleming, Wednesday, 9pm, Sky Atlantic**



Sexual chemistry
between Ian and Ann



The cops suspect
Keeley Hawes

IN THE LINE OF FIRE

**KEELEY HAWES
JOINS POLICE DRAMA LINE OF DUTY**

When cop series *Line Of Duty* started last year, it was the biggest launch of a new drama for BBC2 in a decade. Now it is back for a second series and there is a new officer in town, played by *Ashes To Ashes* and *Upstairs, Downstairs* star Keeley Hawes. She plays DI Lindsay Denton, the only officer who survives when a police convoy carrying a vital witness is ambushed.

But the story of the ambush soon takes an unlikely twist when DI Denton, who is the best witness the police have, has the finger of suspicion pointed right at her. Could she be the prime suspect?

"I'm thrilled to be joining the cast of *Line Of Duty* and after reading the incredible scripts I can't wait to take my character on the epic journey created for her," says Keeley. "I loved the first series, so it's a real pleasure to be part of series two and working alongside such talented actors as Vicky McClure and Martin Compston."

The cast is also joined by *Call The Midwife* star Jessica Raine, who plays DC Georgia Trotman.

■ *Line Of Duty*, Wednesday, 9pm, BBC2



Fay Ripley heads the
investigation team

UNUSUAL SUSPECTS

FAY RIPLEY'S GRIPPING NEW CRIME DRAMA

There's certainly no shortage of crime dramas on television, but there's a twist in the tail of new 10-part series *Suspects*. The series is filmed like a fly-on-the wall documentary while much of the dialogue is ad-libbed.

Fay Ripley stars as DI Martha Bellamy, who heads a team that investigates a different case each week.

"The way we filmed this, in a documentary style, was the main appeal for me," she tells *HotTV*. "We shot it as though we were investigating the crime. We received a document the night before filming, with some bullet points and a strong plot. Then it was down to us lot to sift through the evidence, untangle the DNA and interview the hell out of a load of criminals. You'd never know what you would walk into. You'd never know how your suspects would react. Some were quiet and conniving, others were downright scary."

In the opening episode, the team has to find a two-year-old girl who has been snatched from her cot. But is it an inside job?

■ *Suspects*, Wednesday, 10pm, Channel 5



Life on benefits
for White Dee

Young parents
Mark and Becky

CONTROVERSIAL STREET

**IT'S THE LAST EPISODE OF THE
SHOW THAT HAS A NATION DIVIDED**

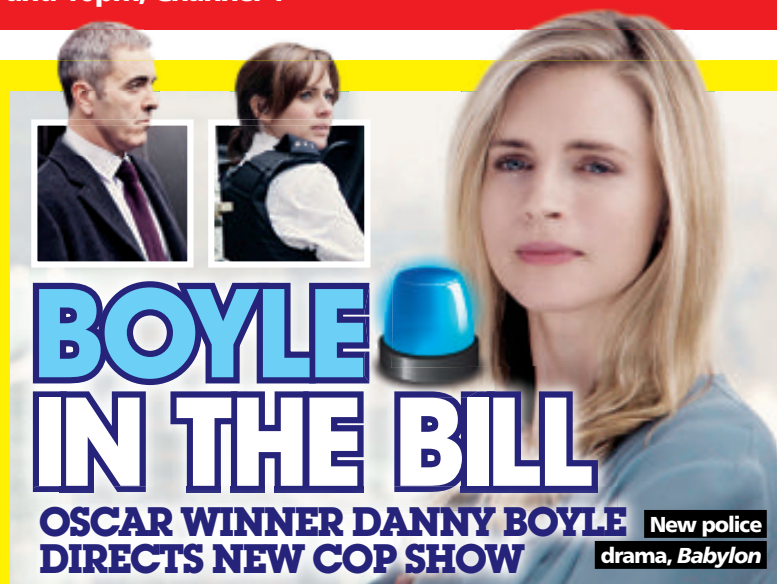
In an era where a double-dip recession has left many people broke and on the breadline, *Benefits Street* has proved to be the most headline-grabbing show of the last few years. It's had five million of us hooked each week on the antics of the unemployed and poverty-stricken residents of Birmingham's James Turner Street.

But this week will be the last we see of White Dee, Black Dee and troubled young parents Mark and Becky as the five-part series ends.

Critics and viewers have been divided over the fly-on-the-wall documentary. Some say it accurately represents inner-city areas across Britain, with residents who don't work but can afford to drink, smoke and take drugs and who own large TVs and iPhones. But others have branded the programme 'poverty porn' and claim it has exploited residents.

To mark the end of the series, presenter Richard Bacon will host a live one-off studio debate on the issues raised by programme.

■ *Benefits Street* and *Benefits Street Debate*, Monday, 9pm and 10pm, Channel 4



BOYLE IN THE BILL

**OSCAR WINNER DANNY BOYLE
DIRECTS NEW COP SHOW**

New police
drama, *Babylon*

We're more used to seeing director Danny Boyle winning Oscars or masterminding Olympic opening ceremonies, so the news he has a new TV series is pretty exciting stuff.

OK, Danny's only taking charge of the first feature-length episode, but the fact that he's part of new six-part series *Babylon* means it has to be worth a watch. Certainly fans of awkward-admin sitcom *Twenty Twelve* will find some familiar fun here.

The dark comedy-drama follows the Metropolitan Police Force as it hires an American PR guru to improve the force's image.

The cast is full of familiar faces, including *The Hobbit*'s James Nesbitt as Chief Constable Richard Miller and Brit Marling as PR expert Liz Garvey alongside *Peep Show*'s Paterson Joseph, *Chickens* Jonny Sweet and *EastEnders* Jill Halfpenny.

Jill says Danny told the cast the idea was to present cops as ordinary people.

"He says you've got to try to get across this idea that after spending all this time together in the van they get fed up with each other and tired of each other's jokes and banter," she says. "He just wants to create that idea of humanity."

■ *Babylon*, Sunday, 9pm, Channel 4

FAY RIPLEY

DAMIEN MOLONY

CLARE-HOPE ASHTEY

SUSPECTS

BRAND NEW **BRITISH CRIME DRAMA**

TEAM 1



10PM WEDNESDAY 12TH FEBRUARY
SERIES PREMIERE

#SUSPECTS

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FREEVIEW 44

SKY 177

VIRGIN 155

FREESAT 128

SOAPS THIS WEEK

ALL THE BEST STORYLINES FROM YOUR FAVOURITE SHOWS!

KAT ON THE TRAIL AS STACEY MAKES A REAPPEARANCE

Kat is convinced she's spotted a missing Slater this week – Stacey, who was last seen on our screens four years ago. She heads into the salon, but Stacey is nowhere to be seen. Kat then tells Alfie about the sighting but he's not convinced, so she finds Max and tells him instead. And you can always rely on Max to come up with a sneaky plan to track down Stacey.

Meanwhile, Kat is still on the trail of her elusive cousin and eventually comes face to face with Luke, played by McBusted star Matt Willis, who, mistaking her for the cleaner, invites her into the flat.

Later, Kat updates Max, but after seeing her with him, Alfie is suspicious that she is up to no good again. But she continues with her plan to see Stacey, unaware that her cousin has already spotted her.

Elsewhere, while going through the Butcher's Joints accounts, Lucy discovers Danny has been nicking money. He offers her the chance to join the scheme, and the two end up in bed.

But they have a rude awakening with the news that Janine is selling Butcher's Joints. While Billy is devastated that the three of them are now unemployed, Danny and Lucy make sure they are financially set up. Billy is left even more unhappy when Lucy tells him that she and Danny plan to set up their own estate agency.



Kat sets off to track Stacey



Stacey returns to the Square



Luke mistakes Kat for the cleaner



A rude awakening for Danny and Lucy



Peter appeals to Tina

CORONATION STREET
MON, WED, FRI, ITV

LOVE-FUDDLED TINA PREPARES TO LEAVE THE STREET

It's all about Tina this week – and the men in her life – as things get more complicated.

Simon is unhappy when he hears Tina is leaving the street, so when Peter bumps into her, he begs her to stay. But that just leaves her more confused about what to do and later, at the flat, she and Peter get up to no good on the sofa.

Peter promises he will try and make as much time as possible for her but then makes his way to Paris to meet Carla, leaving Tina wondering if she can really be the type of person to have an affair.

Meanwhile, Tracy is thawing towards

Rob and he reassures her that his snog with Tina was just a one-off. But when Tracy spots Tina in the street, she gives it to her with both barrels, branding her a slag.

Tina tells Tracy she's leaving Weatherfield, but with things back on between her and Peter, can she really do it?

Elsewhere, Todd volunteers to babysit for Marcus so he and Maria can go out for Valentine's Day. But mum Eileen knows he is up to something.

Meanwhile, a panicking Fiz and Anna start worrying about Roy, who seems to have disappeared.



Moira pops the question

Nicola and Jimmy to the rescue of red-faced Bernice

EMMERDALE
WEEKDAYS, ITV

IT'S A DONE DEAL BUT MOIRA GOES ON THE DEFENSIVE

Moira is set to back out of the business deal because she can't trust James. Cain asks her what's wrong, she eventually tells him – and he's livid. Later, James arrives and pleads with Moira to go back into the meeting, warning her they could lose the deal of a lifetime. Eventually she returns and the deal is secured.

That evening, though, Cain is shocked when Moira asks him to marry her and questions her reasons for the proposal. Moira finds herself angry and defensive. But will Cain say yes?

Elsewhere, Bernice warns Jimmy and Nicola to stay away from the house while she has her date, Anton, there. She's unsure why he's carrying a holdall until he pulls a bottle of champagne from it.

Later, a drunk Bernice is loving Anton's attention as they kiss, but when Jimmy and Nicola return home, they find the place in chaos because they've been burgled.

The pair then hear a call for help and Nicola rushes upstairs, where she's appalled to find an embarrassed Bernice handcuffed to the bed.

HotTV 7



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**FIVE
FILMS
WOULD STAYING
FOR
ADD
CORN**



CAPTAIN PHILLIPS From Monday, Sky Store

Tom Hanks puts in one of his best performances to date in this story inspired by true events. He plays container ship captain Richard Phillips whose ship is hijacked by pirates off the coast of Somalia. Then he's locked in a battle of wills and wits as they hold him hostage in a lifeboat.



SLUMDOG MILLIONAIRE & TRAINSPOTTING

**Saturday, 9pm &
11.25pm, Film4**

It's a Danny Boyle double bill tonight with two of his films running back to back. Oscar-winning *Slumdog* is about an Indian boy who wins a quiz show while *Trainspotting* tells the brutal truth about heroin abuse.



SOURCE CODE

Saturday, 10pm, Channel 4

Jake Gyllenhaal plays a pilot who volunteers for an experiment that transfers his mind into the body of a man killed in a terrorist bombing of a train. However, it's only for the last eight minutes of the man's life – and he has to use that time to find out who's responsible for the outrage.



PLANET OF THE APES

**Sunday, 6.45pm,
Channel 5**

Tim Burton directs this hit-and-miss reboot of the *Planet Of The Apes* franchise. Mark Wahlberg plays an astronaut who crash-lands on a strange planet and is captured by the ruling race of apes. Then, he discovers a shocking secret.



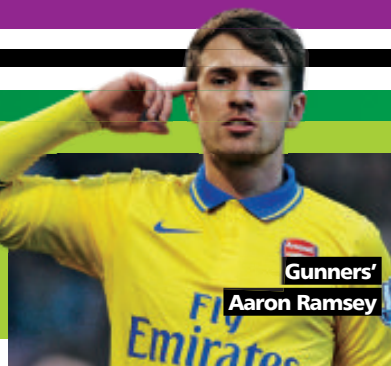
THE ADJUSTMENT BUREAU

Thursday, 9pm, Film4

In this quirky sci-fi thriller, Matt Damon plays a politician who has the hots for a dancer. But each time he tries to get to know the woman, a group of mysterious men get in their way. Eventually, he discovers the men are manipulating his life.



**Liverpool's
Steven Gerrard**



**Gunners'
Aaron Ramsey**



**Emmanuel
Adebayor**

LIVERPOOL V ARSENAL

SATURDAY, BT SPORT 1, 12.45PM

It's a big week for the Gunners as they face two tricky fixtures that could shape their title aspirations. First up they travel to Anfield, where the vocal home crowd will play their usual part in spurring on their team. A goal in each half from Santi Carzola and Aaron Ramsey gave Arsenal a deserved 2-0 win in the reverse fixture at the Emirates and aside from their Old Trafford defeat, the Gunners have found the consistency they've lacked over recent seasons. Liverpool's 4-0 thrashing of their Merseyside rivals Everton proved they are still in the running for a top four spot and with both Chelsea and Man City still to come to Anfield, they could have a huge say in the destiny of the title. Both sides know victory against their title rivals is crucial throughout the season if they are to land that elusive crown.

PREMIER LEAGUE

TOTTENHAM V EVERTON

**SUNDAY, SKY SPORTS 1,
1.30PM**

Both sides are hoping for a top four finish in May and with little to separate them, victory at White Hart Lane is vital. Emmanuel Adebayor's fortunes have turned since Tim Sherwood took over as Spurs head coach, bringing him out of the dugout. Everton are looking to erase their last away humiliation of 4-0 in the Merseyside derby.

PREMIER LEAGUE

SPORT

**ALL THE BEST ACTION
EVERY WEEK!**

ARSENAL V MAN UNITED

**WEDNESDAY, BT SPORT 1,
7.45PM**

This is Arsenal's second big test in a week that could show their title credentials. Their Old Trafford encounter saw Robin van Persie's first half header that gave the hosts a 1-0 win. Arsène Wenger will hope his defence can keep the Dutchman quiet, having scored in all three meetings since his transfer. Victory is vital for both sides.

PREMIER LEAGUE



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BBC1

6.00 Breakfast **10.00** Saturday Kitchen Live **11.30** Food & Drink (R) **12.00** Football Focus. Dan Walker and guests review the week's action. **12.45** Saturday Sportsday. A round-up of the latest sports news. **1.00** BBC News, Local News; Weather **1.15** Bargain Hunt. From Lewes in East Sussex. (R) **2.00** Live Six Nations Rugby Union. Ireland v Wales (Kick-off 2.30pm). Ross Harries introduces all the action from the opening match in the second round of fixtures, which takes place at the Aviva Stadium. **4.30-6.55** Live Six Nations Rugby Union. Scotland v England (Kick-off 5.00pm). The second of this afternoon's matches comes from Murrayfield, where the teams also play for the Calcutta Cup.

6.55 BBC News, Weather

7.10 The Voice UK

The coaches won't be turning their backs on the acts for much longer as it's the penultimate week of blind auditions. Expect more wise words from Ricky Wilson, expertise from Kylie Minogue, name dropping from Tom Jones and crazy talk from will.i.am.

8.35 The National Lottery: Who Dares Wins

Nick Knowles hosts the gameshow in which two pairs of strangers compete. Including the Lotto and Thunderball.

9.25 Casualty

The medics examine a teenager hurt in a mountain-bike accident — only to come across old injuries that suggest he might be a victim of abuse.

10.15 BBC News, Weather

10.30 Match of the Day

Gary Lineker presents highlights from Liverpool v Arsenal at Anfield and Swansea City v Cardiff City at the Liberty Stadium. Plus, Aston Villa v West Ham, Chelsea v Newcastle, Crystal Palace v West Brom, Norwich v Manchester City, Southampton v Stoke and Sunderland v Hull.

12.00 The Football League Show. Manish Bhasin presents highlights and all the goals from today's fixtures in the Championship, League One and League Two, including Leicester City v Watford at the King Power Stadium. **1.25-6.00** BBC News

BBC2

6.00 This Is BBC Two **6.30 FILM: Annie Oakley** (1935) **8.00** Live Winter Olympics. Subsequent programmes subject to change. **11.00** See Hear **11.30** Great British Railway Journeys (R) **12.00** The Great British Bake Off: The Winner's Story. Highlights of the first series. Last in the series. (R) **1.00 FILM: Easy Virtue** (2008) Romantic comedy, with Jessica Biel. **2.30** Live Winter Olympics. Speed skating and biathlon are the sports making their first appearances in the 2014 Games. **4.30** Final Score. A round-up of this afternoon's football results. **5.10-7.00** Live Winter Olympics. Clare Balding takes over the presenting duties for coverage from the opening day of the Games. Subsequent programmes subject to change.

7.00 Winter Olympics: Today at the Games Clare Balding introduces highlights from the opening day in Russia, where the first five gold medals were decided in venues in Sochi and Krasnaya Polyana.

8.00 Torvill & Dean: The Perfect Day Documentary telling the story behind ice-dancing duo Jayne Torvill and Christopher Dean's gold medal-winning performance at the 1984 Winter Olympics in Sarajevo. (R)

9.00 Dad's Army Mainwaring decides the platoon needs a mascot for a big parade.

9.30 Hanif Kureishi: Writers Are Trouble — A Culture Show Special Author Hanif Kureishi chats to Alan Yentob about his new book, his latest film and placing his personal archive in the vaults of the British Library.

FILM 10.30 My Beautiful Laundrette (1985) An ambitious Asian teenager joins forces with a former National Front member to open a trendy laundrette, but as the project develops, so does the boys' relationship — leading to mixed feelings and racial tension. Stephen Frears' comedy drama, starring Daniel Day-Lewis and Saeed Jaffrey.

12.05 FILM: The Mother (2003) A lonely widow decides to move in with her daughter, yearning for the company of her children and grandchildren, but their new domestic arrangement causes problems. Drama, starring Anne Reid. **1.50-6.00** This Is BBC Two

ITV

6.00 CITV **9.25** ITV News **9.30** Dinner Date. Northampton bachelor Jonathan looks for love. (R) **10.25** Murder, She Wrote. Jessica visits Hollywood. (R) **11.25** ITV News, Weather **11.30** Catchphrase (R) **12.15** The Crocodile Hunter Diaries. Jodie and Kelsey eat worm-filled spring rolls. (R) **1.15** Midsomer Murders. A woman is found drowned during a local carnival. (R) **3.15** You've Been Framed! Featuring golfing mishaps. (R) **4.15** Local News **4.25** ITV News, Weather **4.40-7.10 FILM: Star Wars: Episode III — Revenge of the Sith** (2005) Anakin Skywalker turns to the dark side and betrays the Jedi as the forces of evil seize control of the galaxy. Sci-fi adventure prequel, with Hayden Christensen and Ewan McGregor.

7.10 Splash! Former rugby union player Austin Healey, TOWIE star Dan Osborne, TV presenter Anna Williamson and Paralympic gold medalist Richard Whitehead don their swimwear once more to perform two dives each in the second semi-final. Vernon Kay and Gabby Logan present.

8.40 Take Me Out The love lift delivers a disco-dancing bachelor from West Yorkshire, a Manchester student, plus a stockbroker and a nanny, both from London, all of whom are hoping to land a date with one of 30 single women.

9.55 The Jonathan Ross Show The host is joined by 24 star Kiefer Sutherland, actress Emily Mortimer, actor Chris O'Dowd and comedian Kevin Bridges. Nine-time Grammy winner John Legend provides the music.

10.55 ITV News, Weather

FILM 11.10 2 Fast 2 Furious (2003) A disgraced former cop is arrested by the FBI for illegal street racing, but his one-time colleagues offer him freedom in exchange for going on an undercover mission. Thriller sequel, starring Paul Walker, Tyrese Gibson, Eva Mendes and Cole Hauser.

1.05 Jackpot247 **3.00** Ladette to Lady: Australia (R) **3.45-6.00** ITV Nightscreen

Channel 4

6.10 The Hoobs (R) **6.35** The Hoobs (R) **7.00** Trans World Sport **8.00** The Morning Line **9.00** Everybody Loves Raymond (R) **9.30** Frasier (R) **10.00** The Big Bang Theory (R) **10.30** The Big Bang Theory (R) **11.00** How I Met Your Mother **11.25** How I Met Your Mother **12.00** The Simpsons (R) **12.30** Undercover Boss USA (R) **1.30** Channel 4 Racing. Live coverage from Newbury and Warwick. **4.00** Come Dine with Me. Virginia Houslin hosts the first party in Huddersfield. (R) **4.25** Come Dine with Me. Iysha Atkins hosts the second dinner party in Huddersfield. (R) **5.00** Come Dine with Me. Richard Wood hosts the third dinner party in Huddersfield. (R) **5.35-6.05** Come Dine with Me. The fourth dinner-party challenge from Huddersfield. (R)

6.05 Come Dine with Me Hairdresser Kim Connor hosts the final party in Huddersfield.

6.35 Channel 4 News Including sport and weather.

7.00 Bigfoot Files Mark Evans travels to Russia to investigate the story of Zana, a "wild woman" said to have been found in the 1870s and thought to be a hominid or Neanderthal. Last in the series. (R)

PICK 8.00 Walking Through History Tony Robinson embarks on a towpath exploration of industrial engineering along the Leeds and Liverpool Canal, tracing the story of its chaotic construction. *See Ones To Watch.*

9.00 Hostages Ellen struggles to make an agonising choice between saving her husband or protecting her children, and is forced to perform emergency surgery in her own home.

FILM 10.00 Source Code (2011) A military pilot is the subject for a top-secret experiment that transfers his mind into the body of a man killed in a terrorist bombing on a train, but only for the last eight minutes of the dead man's life. His mission is to use that time to find out who is responsible and if they intend to strike again. Sci-fi thriller, starring Jake Gyllenhaal.

FILM 11.40 Jackie Brown (1997) Quentin Tarantino's crime drama, based on the novel Rum Punch by Elmore Leonard, starring Pam Grier, Robert Forster and Robert De Niro.

2.25 Southland (R) **3.10** Hollyoaks (R) **5.20-6.15** Deal or No Deal (R)

Channel 5

6.00 Milkshake! **10.00 FILM: An American Tail** (1986) Animated adventure. Edited for flashing images. **11.35 FILM: Thunderpants** (2002) Family comedy, with Bruce Cook. **1.15 FILM: Phenomenon** (1996) A mechanic develops telekinetic powers after observing a peculiar light in the sky, but his new gifts bring unexpected problems. Fantasy drama, with John Travolta. **3.40** Diagnosis Murder. A body disappears from Dr Sloan's house. (R) **4.40-6.40 FILM: Columbo: An Exercise in Futility** (1974) A health club owner murders his business partner and makes it look like an accident, but has reckoned without Columbo's intervention. Crime drama, with Peter Falk.

6.40 NCIS The team tries to find out who was responsible for sabotaging a robotic vehicle that caused the death of a Navy lieutenant and almost killed Abby. (R)

7.30 NCIS The discovery of a dead marine intelligence officer in a motel room sets the team off on a hunt for her killer in an investigation that may lead to a terrorist cell. (R)

8.30 5 News Weekend **8.35 The NCIS Movie: Enemies** Ziva confronts her past when the team is ordered to protect her father, Mossad director Eli David, at a gathering of former heads of NCIS. The agents discover he is being targeted by terrorists who have hijacked a shipment of advanced weapons from the army. Feature-length episode of the drama, guest starring TJ Ramini. (R) *Includes The Health Lottery draw at 9.55pm.*

FILM 10.15 Will to Kill (2012) Premiere. A homicide detective is forced to work alongside her ex-fiance to investigate a murder that bears all the hallmarks of an infamous serial killer. The murderer develops a twisted obsession with her, and she is forced to confront traumatic events from her own childhood to stop him claiming further victims. Thriller, starring Sarah Jane Morris.

12.05 SuperCasino **3.10** Gibraltar: Britain in the Sun (R) **4.00** Wildlife SOS (R) **4.25** Make It Big (R) **4.50** The Funky Valley Show (R) **5.00** Angels of Jarm (R) **5.10** Hana's Helpline (R) **5.20** Angels of Jarm (R) **5.25** The Funky Valley Show (R) **5.40** Hana's Helpline (R)

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■ REGIONAL VARIATIONS:

WEST 4.15 ITV News West Country, Weather **STV 4.15** STV News, Weather **1.05** The Nightshift **5.00** ITV Nightscreen **UTV 1.05** Teleshopping **2.35** ITV Nightscreen **WEST COUNTRY 4.15** ITV News West Country, Weather **BBC1 SCOTLAND 10.30** Sportscene **11.40** Match of the Day **1.10** The Football League Show **2.35** BBC News **BBC2 N IRELAND 5.00** Final Score from Northern Ireland **8.00** The Conference **9.00** An Island Parish **BBC2 SCOTLAND 4.30** Sportscene Results **BBC2 WALES 1.00** The Good Cook **1.30** Scrum V Classics **2.00** Welsh Railways: Full Steam Ahead **8.00** Mastermind **8.30** Tom Jones at 70 **9.00** Korkey's TV Gold: BBC Wales at 50 **10.00** High Hopes **10.30** Grand Slam **11.30** Welsh Greats: Ryan Davies **RTE1 7.05** Shopping from Home **7.40 FILM:** Song of Norway (1970) **10.25** Nationwide **11.00** Sinn Féin Ard Fheis **1.00** News **1.10** Operation Transformation **1.40** Operation Transformation **2.10** Keeping Up Appearances **2.40 FILM:** Amazing Grace (2006) **5.00** Nuacht RTE **5.10** Fawley Towers **6.00** The Angelus **6.01** RTE News: Six One, Weather **6.30** Ireland's Fittest Family **7.30** Winning Streak **8.30** Sinn Féin Ard Fheis: The Leader's Speech **9.00** RTE News: Nine O'Clock, Weather **9.35** The Saturday Night Show **10.55** For One Night Only — The Dubliners. Followed by Weather and iWitness. **12.15 FILM:** Changeling (2008) **2.45** Rush **3.30** Blue Heelers **4.15** EuroNews **S4C 7.00** Clwb Cyw **9.00** Stwnsh Sadwrn **11.00** Dibendraw **11.30** Sgorio **1.45** Y Clwb Rygbi Rhyngwladol **5.00** Delme Thomas: Brenin y Strade **6.00** C'mon Midffild **6.45** Newyddion a Chwaraeon **7.00** Y Clwb Rygbi **9.15** Noson Lawen **10.15** Y Graith **11.15** Jonathan **12.15** Y Clwb Rygbi **2.30** Diwedd

OVER ON DIGITAL

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6.00 Teleshopping **1.00** Home and Away **3.20** **FILM:** Surf's Up (2007) Animated comedy, with the voice of Jeff Bridges. **4.55** American Idol **6.50** **FILM:** Ghost Rider (2007) A curse turns a motorcycle stuntman into a demonic skeletal biker who must take evil souls to Hell. Fantasy thriller based on the comic-book, starring Nicolas Cage. **9.00** Biggest Boozers: Top 20 **10.00** Falling Skies. Hal devises a plan to save the captured teenagers. **11.00** Car Crime UK: Caught on Camera **12.00** Teleshopping. Home shopping.

SUSA

Including at 12.00 **FILM:** The Green Berets (1968) Vietnam War adventure, starring John Wayne. **2.55** **FILM:** Any Which Way You Can (1980) Comedy sequel, starring Clint Eastwood. **5.10** **FILM:** Fighter Attack (1953) World War Two drama, starring Sterling Hayden. **7.00** **FILM:** Man of the West (1958) Western, starring Gary Cooper. **9.00** **FILM:** The Specialist (1994) Action thriller, starring Sylvester Stallone. **11.20** **FILM:** Passenger 57 (1992) Action thriller, with Wesley Snipes. **1.00** SuperCasino

ITV2

Including at 9.10 Emmerdale **12.10** You've Been Framed! **1.10** You've Been Framed! Family Special **2.00** Totally You've Been Framed! **3.00** **FILM:** Dennis (1993) Slapstick comedy. **4.55** **FILM:** Horrid Henry: The Movie (2011) Children's comedy. **6.50** **FILM:** The Mummy: Tomb of the Dragon Emperor (2008) Fantasy adventure sequel. **9.00** **FILM:** The Shawshank Redemption (1994) Prison drama, wotj Tim Robbins. **11.55** The Magaluf Weekender **12.55** Tricked: Favourite Tricks **1.55** Totally You've Been Framed!

SKY1

Including at 9.00 Game Changers **10.00** Soccer AM **12.00** WWE Superstars **1.00** Ashley Banjo's Big Town Dance **2.00** Sinbad **3.00** Futurama **4.00** Modern Family **5.00** Greggs: More Than Meats the Pie **6.00** Harrow: A Very British School **7.00** The Simpsons **7.55** **FILM:** Cheaper By the Dozen (2003) Family comedy remake. **9.50** Futurama: Welcome to the World of Tomorrow **10.00** The Kumars **11.00** A League of Their Own: Unseen **12.00** Flintoff: From Lord's to the Ring **1.00** Brit Cops: Rapid Response

SKY ATLANTIC

6.00 Visionaries: Inside the Creative Mind **7.00** The Guest Wing **8.00** Seinfeld **9.00** Anthony Bourdain: No Reservations **12.00** David Attenborough's Galapagos **3.00** Blue Bloods **4.00** Blue Bloods **5.00** Blue Bloods **6.00** Star Trek: Enterprise **7.00** Star Trek: Enterprise **8.00** Smash **9.00** The Following **10.00** Girls **10.35** Looking. Dom regrets reconnecting with his ex Ethan. **11.10** This Is Jinsy **11.40** The Sopranos **12.55** House **1.55** Blue Bloods **2.55** Awake **3.55** Blue Bloods: Meet the Characters **4.05** Iconoclasts

BBC THREE

7.00 Great Movie Mistakes 2: The Sequel. Presented by Robert Webb. **8.00** Top Gear **9.00** **FILM:** Enemy of the State (1998) An encounter with an old friend derails a lawyer's life as he ends up framed for murder and pursued by government agents. Thriller, starring Will Smith, Gene Hackman and Jon Voight. **11.05** Family Guy **11.30** Family Guy **11.50** Family Guy **12.10** Family Guy **12.30** Family Guy **1.00** Family Guy **1.20** Family Guy **1.45** Family Guy **2.05** Uncle **2.30** Live at the Electric **3.00** Bluestone 42

SKY LIVING

6.00 Nothing to Declare **7.00** Motorway Patrol **8.00** RSPCA Animal Rescue **11.00** Obese: A Year to Save My Life USA **2.00** My Kitchen Rules **3.00** The Face USA **4.00** Nothing to Declare **8.00** CSI: Crime Scene Investigation **9.00** Bones **11.00** CSI: Crime Scene Investigation **12.00** CSI: Crime Scene Investigation **1.00** CSI: Miami **1.50** Caribbean Cops **3.30** Four Weddings US **4.20** Border Security: Canada's Front Line **4.45** Border Security: Canada's Front Line **5.10** Border Security: Canada's Front Line

MTV

6.00 Best of Cries **6.30** My Super Sweet 16 **8.00** Catfish: The TV Show **1.00** Teen Mom 3 **1.55** Teen Mom 3 **3.00** Teen Mom: Farewell Special **4.25** Teen Mom Special: Amber Behind Bars **4.50** The Fresh Prince of Bel-Air **7.00** Awkward **7.30** Snooki & JWoww **8.00** Are You the One? **8.55** Are You the One? **10.10** Geordie Shore's Most Explosive Episodes **11.10** Geordie Shore's Most Explosive Episodes **12.10** Geordie Shore: Magaluf Madness **1.10** Geordie Shore: Magaluf Madness **2.05** South Park **2.30** South Park

FILM4

11.00 Ramona and Beezus (2010) Starring Joey King. **1.00** Home Alone (1990) Starring Macaulay Culkin. **3.05** Jungle 2 Jungle (1997) Comedy, starring Tim Allen. **5.10** Leap Year (2010) Romantic comedy, starring Amy Adams and Matthew Goode. **7.05** Step Up 2: The Streets (2008) Drama, starring Briana Evigan. **9.00** Slumdog Millionaire (2008) Oscar-winning drama, starring Dev Patel. **11.25** Trainspotting (1996) Drama, starring Ewan McGregor. **1.20** Paradise Lost (2006) Starring Josh Duhamel.

televisionX

SKY 903 **10.00** Freeview **10.10** Dolls In Uniforms **7.10** **15** All New Ben Dover Show **5** **10.25** Cathy Barry Extreme Interracial **5** **10.45** Together **11.00** Freeview **11.10** Together **11.15** Crank XXX **5** **11.40** Pervacious Mind of Angel Long **5** **11.50** Freeview **12.00** Pervacious Mind of Angel Long **5** **12.05** Super D **12.25** Deviant Behaviour **2** **12.50** Baberella **2** **1.00** Freeview **1.10** Baberella **2** **1.25** Mature Castings **2** **1.45** Doll Maker **2** **2.00** Freeview **2.10** Doll Maker **2** **2.20** Video Virgins **2** **2.30** All New Ben Dover Show **2**

ONES TO WATCH...

SATURDAY
8 FEBRUARY



NEW SERIES

Walking Through History

8pm, Channel 4

TV star Tony Robinson visits Liverpool and Lancashire for a towpath exploration of grand industrial engineering along the Leeds-Liverpool canal. Setting off from Merseyside, Tony takes a three-day stroll inland to Wigan, tracing the story of the canal's chaotic construction and its dramatic impact on the development of the North West. The host's walk also takes him from modern Liverpool, where just a few traces of the canal's original terminus remain, to the edge of the city, where the canal is very much as it has been since it opened in 1774. ★★★★★

Top five on

CHANNEL

5

1. THE NCIS MOVIE: ENEMIES 8.35PM
2. PHENOMENON 1.15PM
3. WILLED TO KILL 10.15PM
4. NCIS 6.40PM & 7.30PM
5. COLUMBO: AN EXERCISE IN FATALITY 4.40PM

Watch The Health Lottery TV Draw

Every Saturday Night
In the first advert break
after 9.55pm on Channel 5

BBC1

6.00 Breakfast **7.25** Match of the Day (R) **9.00** The Andrew Marr Show **10.00** The Big Questions **11.00** Sunday Politics **12.15** MOTD2 Extra. With Mark Chapman and the Match of the Day team. **1.00** BBC News, Weather **1.15** Bargain Hunt. From London's Camden Passage. (R) **1.45** The Indian Doctor. Aled and Daf decide they need to do something to stop the redevelopment. (R) **2.30** Live Six Nations Rugby Union. France v Italy (Kick-off 3.00pm). John Inverdale introduces coverage of the concluding match in the second round of fixtures, which takes place at the Stade de France. **5.00** Songs of Praise. David Grant revisits the heyday of Sunday School classes. **5.35-6.00** BBC News, Local News; Weather

6.00 Fake or Fortune?

Philip Mould and Bendor Grosvenor identify works from public collections that could be by 18th-century portrait artist Thomas Gainsborough. Last in the series.

7.00 Countryfile

A trip to the Lake District. Matt Baker visits the beach the horses race across and Helen Skelton recreates the rock-climbing scene. Including Weather for the Week Ahead.

8.00 Call the Midwife

Jenny has an eventful few days, starting with a patient who as well as having herself to worry about, is also struggling to cope with her agoraphobic mother.

PICK 9.00 The Musketeers

A former Musketeer returns to Paris, throwing the quartet into turmoil as they are fully aware they should report him for desertion. With Vincent Regan. *See Ones To Watch.*

10.00 BBC News, Local News and Weather

10.25 Match of the Day 2

Mark Chapman reviews the day's Premier League action, which featured Tottenham Hotspur v Everton and Manchester United v Fulham.

FILM **11.25 Brooklyn's Finest** (2009) Three Brooklyn police officers — a veteran on the verge of retirement, an undercover expert and a corrupt cop — find their careers converge. Crime thriller, starring Richard Gere, Don Cheadle and Ethan Hawke.

1.35-6.00 BBC News. Updates on the headlines from around the world.

BBC2

6.00 Live Winter Olympics. Hazel Irvine presents coverage of the opening session on day two of the Games. Subsequent programmes subject to change. **11.00** Saturday Kitchen Best Bites. Highlights of the series. **12.30 FILM: The Gumball Rally** (1976) A wealthy man sponsors an illegal motor race from New York to California, with a host of eccentric characters taking part. Comedy, starring Michael Sarrazin and Tim McIntire. **2.10** Live Winter Olympics. Further coverage, featuring cross-country skiing and speed skating highlights. Subsequent programmes subject to change. **4.30-7.10** Live Winter Olympics. Featuring figure skating, luge and ski jumping. Subsequent programmes subject to change.

7.10 Winter Olympics: Today at the Games

Clare Balding introduces highlights from day two in Russia, where eight gold medals were decided in venues in Sochi and Krasnaya Polyana.

PICK 8.00 Top Gear

Richard Hammond tries out the Alfa Romeo 4C, Jeremy Clarkson puts the McLaren P1 hypercar to the test and Tom Hiddleston drives the Reasonably Priced Car. *See Ones To Watch.*

9.00 Dragons' Den

A couple pitch their glamorous camping business, a mother-of-four from Shropshire has a new take on the coffee bag, and one entrepreneur attempts to graffiti the Den.

10.00 Alan Davies Apres-Ski

The comedian looks at the day's action from Sochi. (R)

10.30 QI XL

Stephen Fry presents an extended version of the quiz, posing some questions about jelly, jam and juice. (R)

11.15 Royal Cousins at War

Part one of two. The impact the relationships between cousins Nicholas II of Russia, Kaiser Wilhelm II of Germany and the UK's George V. (R)

12.15 Sign Zone: Countryfile. Matt Baker visits the ruins of Witley Court. (R) **1.10** Sign Zone: Holby City (R) **2.10** Sign Zone: The Search for Alfred the Great (R) **3.10** This Is BBC Two **5.00-12.00** Live Winter Olympics. Coverage from Russia.

ITV

6.00 CITV **9.25** Murder, She Wrote. Jessica investigates a murder in Monte Carlo. (R) **10.20** Dickinson's Real Deal (R) **11.15** ITV News, Weather **11.20** The Unforgettable Larry Grayson. Tribute to the comedian. (R) **11.50** Inside the National Trust. Michael Buerk is recruited as a bug guide at William Wordsworth's childhood home. **12.50** The Crocodile Hunter Diaries. The zoo's trickiest moments. (R) **1.50** Splash! The second semi-final of the celebrity diving competition. (R) **3.20** FILM: **Thunderball** (1965) James Bond sets out to foil a plot by crime syndicate Spectre to detonate two nuclear warheads off the US coast. Spy adventure, starring Sean Connery, Claudine Auger and Adolfo Celi. **5.50-6.00** Local News

6.00 ITV News, Weather

6.15 Dancing on Ice

The seven remaining stars bring out the leg warmers and colourful costumes in a celebration of all things 1984 as the show marks the 30th anniversary of Jayne Torvill and Christopher Dean winning gold at the Sarajevo Winter Olympics. The results are at 8.30pm.

7.45 All Star Family Fortunes

Olympic rowing hero Steve Redgrave and Emmerdale's Natalie Anderson (Alicia) team up with their families in an attempt to win £30,000 for charity.

8.30 Dancing on Ice: The Skate Off

Phillip Schofield and Christine Bleakley present the results.

PICK 9.00 Mr Selfridge

With news of the first horrors of war in Belgium, the men of Selfridges clamour to sign up, while Rose, Delphine and Lady Mae organise a special chocolate sale. *See Ones To Watch.*

10.00 ITV News at Ten, Weather

10.15 Birds of a Feather

Sharon's estranged husband Chris asks for a divorce. (R)

10.45 Piers Morgan's Life Stories: Tony Blackburn

The DJ, currently celebrating 50 years in broadcasting, looks back on his life and career, including his key role in the launch of Radio 1 in 1967. (R)

11.45 Premiership Rugby Union

Action from the 13th round of top-flight fixtures, including highlights of Worcester Warriors v Leicester Tigers.

12.40 The Store **2.40** The Jeremy Kyle Show USA **3.25** The Jeremy Kyle Show USA (R) **4.05** ITV Nightscreen

Channel 4

6.15 The Hoobs (R) **6.40** The Hoobs (R) **7.05** Everybody Loves Raymond (R) **7.30** Frasier (R) **7.55** Frasier (R) **8.25** The Taste (R) **9.30** Sunday Brunch **12.30** The Big Bang Theory. Sheldon loses his job. (R) **1.00** The Big Bang Theory. Leonard fears he is wasting his time with Penny. (R) **1.25** How I Met Your Mother **1.55** How I Met Your Mother **2.25** The Simpsons (R) **2.55** The Simpsons. Homer is hired to climb a mountain. (R) **3.30** FILM: **Three Men and a Baby** (1987) The lives of three flat-sharing bachelors change for ever when they end up taking care of a baby left on their doorstep. Comedy, with Tom Selleck, Ted Danson and Steve Guttenberg. Edited for language. **5.30-6.30** Deal or No Deal. Beat-the-banker gameshow.

6.30 Channel 4 News

7.00 Jamie and Jimmy's Friday Night Feast

Jamie Oliver creates a Sunday roast and curry fusion, Jimmy Doherty builds a smoker and former Radio 1 DJ Chris Moyles prepares his favourite dish — a New York-style pizza. (R)

PICK 8.00 Scandimania

In Denmark, Hugh Fearnley-Whittingstall cooks with Rene Redzepi, owner of restaurant Noma, and meets actor Soren Malling, star of The Killing and Borgen. *See Ones To Watch.*

9.00 Babylon

New series. Police comedy drama, directed by Danny Boyle, written by Sam Bain and Jesse Armstrong. The Met is in need of a public image revamp, so chief constable Richard Miller has hired American visionary Liz Garvey to revolutionise the force. Starring James Nesbitt, Brit Marling and Jill Halfpenny.

FILM 10.35 The Bank Job

(2008) A London car dealer is persuaded by an old flame to rob a bank. The heist goes off without a hitch, leaving the crooks in possession of cash and jewels worth millions — as well as a safety deposit box containing top-secret information the government and security services are determined to keep buried. Fact-based crime thriller, starring Jason Statham and Saffron Burrows.

12.40 FILM: **Tigerland** (2000) Vietnam War drama, with Colin Farrell. **2.20** Boss **3.20** Abductees (R) **3.30** Eating for Two (R) **3.35** Location, Location, Location (R)

Channel 5

6.00 Milkshake! **10.00** Power Rangers Super Samurai (R) **10.35** Power Rangers Megaforce (R) **11.10** The Hotel Inspector (R) **12.05** Ice Road Truckers (R) **1.05** Ben Fogle: New Lives in the Wild (R) **2.05** Police Interceptors. A speeding motorist causes chaos after crashing into a gas main. (R) **3.10** FILM: **Daddy Day Camp** (2007) The owner of a children's summer camp faces financial disaster, and hires his stern father to manage it. Comedy sequel, starring Cuba Gooding Jr. Edited for language. **4.50-6.45** FILM: **Land of the Lost** (2009) An eccentric scientist and his two friends are transported into another dimension inhabited by dinosaurs. Comedy adventure, starring Will Ferrell.

FILM 6.45 Planet of the Apes

(2001) An astronaut crash-lands on a strange planet and is captured and enslaved by the ruling race of highly intelligent apes. Luckily, he is helped by a sympathetic chimpanzee — but then discovers a shocking secret. Remake of the 1960s sci-fi adventure, directed by Tim Burton and starring Mark Wahlberg, Helena Bonham Carter and Tim Roth, and featuring a cameo appearance from the original film's star Charlton Heston.

8.55 5 News Weekend

FILM 9.00 The Expendables

(2010) A mercenary leads his team on a mission to assassinate a South American dictator, only to find their target is merely a pawn and the real power in the country is a rogue CIA agent. Feeling double-crossed, they abandon the operation — but are compelled to return and save a captured rebel. Action thriller, starring Sylvester Stallone, Jason Statham and Jet Li.

FILM 10.55 Full Metal Jacket

(1987) Raw recruits undergo harsh training under a domineering Marine drill sergeant after being called up for service in the Vietnam War, but his brutal methods lead to the breakdown of one of his cadets. Eventually, some of the fully trained soldiers get their first taste of combat in 1968. Stanley Kubrick's drama, starring Matthew Modine.

1.15 SuperCasino **3.10** Ultimate Emergency Bikers **4.00** Wildlife SOS (R)

REGIONAL VARIATIONS:

STV **5.50** STV News **11.45** Corfu: A Tale of Two Islands **12.10** The Nightshift **5.00** ITV Nightscreen **BBC1 SCOTLAND** **10.25** SportsScene **11.10** Match of the Day 2 **12.10** FILM: Brooklyn's Finest (2009) **2.20** BBC News **BBC1 WALES** **11.25** Scrum V Six Nations Special **12.15** FILM: Brooklyn's Finest (2009) **2.25** BBC News **BBC2 N IRELAND** **10.00** Monumental **10.30** Sunday Politics **10.55** Royal Cousins at War **11.55** BBC News **BBC2 SCOTLAND** **12.30** River City **1.25** Cash in the Attic **BBC2 WALES** **7.10** Scrum V Six Nations Special **10.00** Winter Olympics: Today at the Games **10.50** Hanif Kureishi: Writers Are Trouble — A Culture Show Special **11.50** FILM: My Beautiful Laundrette (1985) **1.25** QI XL **RTE1** **8.05** On the Fly **8.35** Holby City **9.40** Life of Riley **10.15** Casualty **11.10** Service on Sunday **12.00** The Week in Politics **1.00** News **1.10** Winning Streak **2.05** Racing **4.15** Ear to the Ground **4.45** Nuacht **4.55** Ireland's Fittest Family **6.00** The Angelus **6.01** News **6.30** The Voice of Ireland **8.00** Fair City **8.30** At Your Service **9.00** RTE News: Nine O'Clock, Weather **9.30** Mrs Brown's Boys **10.05** Would You Believe? **10.55** The Week in Politics **11.45** European Parliament Report **12.20** The Saturday Night Show **1.40** FILM: Green Card (1990) **3.30** New Tricks **4.25** EuroNews **5.50** Teleshopping **S4C** **7.00** Clwb Cyw **9.20** Penblwyddi Cyw **9.25** Pen-Blwydd Pwy? **9.30** Y Clwb Rygbi Rhyngwladol **12.45** Y Clwb Rygbi **3.20** Prynhawn Da **4.20** Cegin Bryn **4.50** Hwb **5.50** Newyddion S4C a'r Tywydd **5.55** Pobol y Cwm **7.50** Newyddion S4C a'r Tywydd **8.00** Dechrau Canu Dechrau Canmol **8.30** Mamwlad gyda Ffion Hague **9.00** Gwaith/Cartref **10.00** Lleisiau'r Rhyfel Mawr **11.00** Y Clwb Rygbi **1.35** Diwedd

OVER ON DIGITAL

5★ **6.00** Teleshopping **1.00** **FILM:** Surf's Up (2007) Animated comedy. **2.45** **FILM:** Baby Boom (1987) Comedy, starring Diane Keaton. **5.00** American Idol **6.00** Police Interceptors **7.00** Police Interceptors. A speeding motorist causes chaos after crashing into a gas main. **8.00** Snowtrapped **9.00** On Benefits & Proud. People living on benefits and not currently seeking employment. **10.00** The Big Benefits Row: Live. A discussion on the UK's welfare system. **11.00** Fat for Cash **12.00** Teleshopping

SUSA **6.00** Teleshopping **12.00** The Mentalist **1.00** The Mentalist **2.00** Played **3.00** NCIS **4.00** Cedar Cove **6.00** CSI: Miami **7.00** CSI: Miami **8.00** CSI: NY. A billionaire playboy is shot with an arrow. **9.00** CSI: NY. A body is found on the Brooklyn Bridge and the detectives find an envelope in his backpack containing photographs of a young woman who appears to be dead. **10.00** CSI: Crime Scene Investigation. Three people claim responsibility for the murder of a rapist. **11.00** CSI: Miami **12.00** CSI: NY **1.00** Under the Dome

ITV2 **Including at 9.40** Coronation Street **12.00** Take Me Out **1.10** You've Been Framed and Famous! **2.10** You've Been Framed! **2.40** **FILM:** The Flintstones in Viva Rock Vegas (2000) Family comedy prequel. **4.25** **FILM:** Garfield: A Tale of Two Kitties (2006) Family comedy. **6.00** **FILM:** Rumor Has It (2005) Romantic comedy. **8.00** Best of You've Been Framed! **9.00** The Magaluf Weekender **10.00** **FILM:** Bridget Jones's Diary (2001) Romantic comedy, starring Renee Zellweger. **12.00** The Big Reunion 2014 **1.00** Mom

SKY1 **6.00** Hour of Power **7.00** Glee **9.00** Modern Family **9.30** Jordan & Perri's Ultimate Block Party **10.00** WWE Superstars **11.00** WWE: Experience **12.00** Sinbad **1.00** Futurama **2.00** Modern Family **4.30** The Simpsons **5.00** Ashley Banjo's Big Town Dance **6.00** Jordan & Perri's Ultimate Block Party **6.30** The Simpsons **7.00** The Simpsons **7.30** Duck Quacks Don't Echo **8.00** The Simpsons **8.30** The Simpsons **9.00** Hawaii Five-0 **10.00** NCIS: Los Angeles **11.00** Banshee **12.15** Flintoff: From Lord's to the Ring

SKY ATLANTIC **6.00** The Mortified Sessions **7.00** Seinfeld **8.00** Friday Night Lights **9.00** Team Sky and British Cycling: The Road to Glory **10.00** Anthony Bourdain: No Reservations **1.00** Urban Secrets **2.00** Networks of Power with Sir Christopher Meyer **3.00** Blue Bloods **5.00** Star Trek: Enterprise **8.00** The Petrol Age **9.00** Game of Thrones **11.30** Game of Thrones **12.45** The Gathering Storm **2.50** This Is Jinsy **3.20** Funny or Die Presents **3.55** Blue Bloods: Meet the Characters **4.05** Mankind: The Story of All of Us

BBC THREE **7.00** Great Movie Mistakes **7.05** Pop's Greatest Dance Crazes **7.35** The Voice UK **9.00** Russell Howard's Good News. An edition from 2011. **9.30** Russell Howard's Good News **10.00** Family Guy **10.20** Family Guy **10.45** Uncle. Errol's "cool" uncle Rex returns from holiday. **11.15** American Dad! **11.40** American Dad! **12.00** Ja'mie: Private School Girl **12.30** Bad Education **1.00** Russell Howard's Good News **1.30** Russell Howard's Good News **2.00** Uncle **2.30** Bluestone 42 **3.00** Bluestone 42 **3.30** Bluestone 42

SKY LIVING **6.00** Nothing to Declare **7.00** Motorway Patrol **8.00** RSPCA Animal Rescue **9.00** Sportswomen **9.30** RSPCA Animal Rescue **11.00** The Face USA **12.00** My Kitchen Rules **1.00** Inside Gatwick **5.30** Nothing to Declare **8.00** Harley Street. Andrea McLean stops by the clinic. **9.00** Obese: A Year to Save My Life **10.00** Grey's Anatomy. Meredith struggles to balance work and family life. **11.00** Caribbean Cops **12.00** Caribbean Cops **1.00** CSI: Crime Scene Investigation **1.50** CSI: Crime Scene Investigation **2.40** CSI: Miami

MTV **6.00** Best of Cries **6.30** My Super Sweet 16 Massive Meltdowns **6.55** My Super Sweet 16 **8.05** Teen Mom: Teen Dads Special **9.00** The Hills: The Speidi Story **2.45** Kim Kardashian Presents: MTV Cries Awards **4.05** The Fresh Prince of Bel-Air **6.10** Teen Mom 3 **7.05** Teen Mom 3 **8.00** Are You the One? **9.00** Snooki & JWoww **9.30** Big Tips Texas **10.00** Geordie Shore's Most Explosive Episodes **11.00** Geordie Shore's Most Explosive Episodes **2.05** South Park **2.30** South Park **3.00** Teleshopping. Home shopping.

FILM4 **11.00** Blossoms in the Dust (1941) Starring Greer Garson. **1.00** Ever After: A Cinderella Story (1998) Starring Drew Barrymore and Dougray Scott. **3.20** The Towering Inferno (1974) Starring Paul Newman and Steve McQueen. **6.25** A Knight's Tale (2001) Starring Heath Ledger. **9.00** Black Swan (2010) Drama, starring Natalie Portman. **11.05** Harold & Kumar Escape from Guantanamo Bay (2008) Comedy sequel, starring John Cho and Kal Penn. **1.00** Prizzi's Honor (1985) Starring Jack Nicholson.

televisionX **SKY 903** **10.00** Freeview **10.10** Fast Food **1.10.25** Deadly Sins of Mistress Sinclair **3.10.50** All New Mutt And His Mate **1.11.00** Freeview **11.10** All New Mutt And His Mate **1.11.30** Jim & Lara's N Mix **2.11.50** Freeview **12.00** Jim & Lara's N Mix **2.12.05** Linsey Dawn McKenzie: I'm Back **5.12.35** Rubber Manor **2.12.55** Frustrated Housewives **2.1.00** Freeview **1.10** Frustrated Housewives **2.1.30** Flash in the Attic **2.1.50** Brazil Beach Babes **2.2.15** Bad Girls **2.2.35** All New Ben Dover Show **3.3.00** Cathy Barry Extreme Interracial 3

ONES TO WATCH...

SUNDAY
9 FEBRUARY



Scandinavia

8pm, Channel 4

Hugh Fearnley-Whittingstall arrives in Denmark in this week's Scandinavian adventure. In capital city Copenhagen, he cooks with Rene Redzepi, owner of the award-winning restaurant Noma, before meeting actor Soren Malling, star of *The Killing* and *Borgen*. Then, after leaving the hustle and bustle of the city behind, Hugh visits Efterskole—a boarding school where teens are taught how to be good citizens. He finishes this leg of the tour with a trip to the idyllic island of Samsø, where he rustles up a feast. We're hungry just thinking about it! ★★★★★



Top Gear

8pm, BBC2

There's a film star in the reasonably priced car this week when *Thor* actor Tom Hiddleston takes to the track. Meanwhile, Richard Hammond is off to Lake Como to see the new Alfa Romeo 4C. But his fun is ruined when Jeremy Clarkson turns up on a quad bike with a difference and sets his pal a challenge to race to the far end of the lake. ★★★★★



The Musketeers

9pm, BBC1

When Aramis' old friend Marsac, a former soldier, unexpectedly returns to Paris, the Musketeers are thrown into turmoil—fully aware that they should report him for desertion. His appearance coincides with the royal visit of the king's beloved sister and her husband, the Duke of Savoy, whom the Musketeers must protect. ★★★★★



Mr Selfridge

9pm, ITV

With news of the massacre in Belgium, men are clamouring to sign up and do their bit for the war effort. None are keener than George Towler. At the Selfridge house, Rose, Mae and Delphine make last-minute plans for the Belgian chocolate sale event. Meanwhile, Henri meets a mysterious man called Webb about money. ★★★★★

Top five on CHANNEL 5

1. THE EXPENDABLES 9PM
2. FULL METAL JACKET 10.55PM
3. PLANET OF THE APES 6.45PM
4. LAND OF THE LOST 4.50PM
5. DADDY DAY CAMP 3.10PM

BBC1

6.00 Breakfast **9.15** Wanted Down Under Revisited **10.00** Homes Under the Hammer (R) **11.00** Bargain Hunt **12.00** Live Winter Olympics. Further coverage from the Ice Cube Curling Centre in Sochi, Russia, where the women's round-robin match between Great Britain and Sweden continues. Coverage continues on BBC2. **1.00** BBC News, Weather **1.30** Local News, Weather **1.45** Doctors **2.15** WPC 56. New series. Gina searches for a runaway girl. **3.00** Perfection (R) **3.45** Escape to the Country (R) **4.30** Put Your Money Where Your Mouth Is. From Norfolk Showground Antique and Collectors Fair. **5.15-6.00** Pointless. Quiz show, hosted by Alexander Armstrong. (R)

6.00 BBC News

6.30 Local News

7.00 The One Show

Matt Baker and Alex Jones present topical stories.

7.30 Inside Out

Three surprising real life stories from across the region.

8.00 EastEnders

Kat persuades Alfie to help search for Stacey.

8.30 Immigration Undercover: The Student Visa Scandal – Panorama

PICK **9.00** Britain's Great War Revealing how Britain edged closer to defeat in the worst conflict it had ever known, with Germany's attempt to starve the country led to rationing. *See Ones To Watch.*

10.00 BBC News

10.25 Local News, Weather

10.35 Have I Got Old News for You Ray Winstone hosts, with Paul Merton and Ian Hislop joined by comedian Reginald D Hunter and Camilla Long. (R)

11.20 Who Do You Think You Are? USA Jim Parsons explores his father's family tree, including a French ancestor with royal connections.

12.00 The Graham Norton Show. Graham's guests include Gary Oldman and Nick Frost. The host also subjects more audience members to the dreaded red chair – so their stories had better be good. (R) **12.50-6.00** BBC News. Latest global headlines.

BBC2

12.00 Daily Politics **1.00** Live Winter Olympics. Featuring women's ice hockey and men's curling. **4.10-7.00** Live Winter Olympics. Featuring curling, speed skating, biathlon, luge and freestyle skiing. The focus is initially on the conclusion of the men's round-robin match between Great Britain and Sweden at the Ice Cube Curling Centre in Sochi, followed by highlights of the men's 500m speed skating final at the Adler Arena, also in the host city. Plus, there is a chance to see biathlon action, where the men's 12.5km pursuit race took place, and the opening run in the women's luge singles at the Sliding Centre Sanki, before the final live coverage of the day at 6.00. Subsequent programmes subject to change.

PICK **7.00** Winter Olympics: Today at the Games Clare Balding introduces highlights from day three in Russia, where five gold medals were decided in venues in Sochi and Krasnaya Polyana. *See Ones To Watch.*

8.00 University Challenge

Teams compete to make it to the next stage of the competition.

8.30 Food & Drink

Richard Corrigan joins Michel Roux Jr to prepare a hearty pie.

9.00 Horizon: Man on Mars – Mission to the Red Planet

Behind the scenes at Nasa to discover how the space agency is preparing for its most ambitious and daring mission – to land a manned craft on Mars.

10.00 The Culture Show: Lego – The Building Blocks of Architecture

10.30 Newsnight

Analysis of the day's events, presented by Jeremy Paxman.

11.20 Royal Cousins at War

Part two of two. The roles played by monarchs in the run-up to World War One, and George V's refusal to grant Tsar Nicholas asylum in 1917. (R)

12.20 Letters of Service **12.35** Sign Zone: Film 2014 (R) **1.05** Sign Zone: Inspire: The Olympic Journey. Including an interview with Christine Ohuruogu. (R) **1.35** Sign Zone: Russia on Four Wheels (R) **2.35** This Is BBC Two **4.00** BBC Learning Zone

ITV

6.00 Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Jeff Brazier discusses the weekend's Dancing on Ice shows, Martin Lewis offers financial advice, and presenters Phillip Schofield and Holly Willoughby introduce Love Week. Including at 11.25 ITV News and Regional Weather. **12.30** Loose Women. Celebrity interviews and topical studio discussion. **1.30** ITV News, Weather **1.55** Local News **2.00** Dickinson's Real Deal. David Dickinson helps people sort the treasures from their trash. **3.00** The Alan Titchmarsh Show. With Fiona Foster. **3.59** ITV Local Weather **4.00** Britain's Best Bakery. The five remaining bakeries make sweet and savoury canapes. **5.00-6.00** The Chase

6.00 Local News

6.30 ITV News, Weather

7.00 Emmerdale

Moira is delighted when she and James secure the business deal.

7.30 Coronation Street

Anna and Fiz get a shock when they try to contact Roy.

8.00 A Great Welsh Adventure with Griff Rhys Jones Searching for a Welsh dresser in Conwy.

8.30 Coronation Street

Fiz phones the police to inform them Roy is missing.

PICK 9.00 DCI Banks

The body found on the moors is identified as 11-year-old Andre Petri, and with Kyle Heath still missing, Banks and the team search for a link between the two boys. *See Ones To Watch.*

10.00 ITV News at Ten, Weather

10.30 Local News

10.35 The Agenda New series. Tom Bradby is joined by George Osborne.

11.05 The Mighty Mississippi with Trevor McDonald

The broadcaster takes a journey through America, following the course of its famous river. He begins by exploring the legacy of slavery in the Deep South. (R)

12.05 Jackpot247. Live interactive gaming. **3.00** The Jeremy Kyle Show USA. The host takes his successful talk show stateside. (R) **3.45** ITV Nightscreen. Text-based information service. **5.05-6.00** The Jeremy Kyle Show. Guests air their differences. (R)

Channel 4

6.25 Countdown (R) **7.10** Will & Grace (R) **7.35** Will & Grace (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Frasier (R) **10.00** Undercover Boss Canada **11.00** Sarah Beeny's Selling Houses (R) **12.00** Channel 4 News Midday Summary **12.05** Jamie's 15 Minute Meals (R) **12.35** Come Dine with Me Down Under (R) **1.05** Come Dine with Me Down Under (R) **1.35** Come Dine with Me Down Under (R) **2.05** Come Dine with Me Down Under (R) **2.35** Come Dine with Me Down Under (R) **3.10** Countdown **4.00** Deal or No Deal: Love HQ **5.00** Come Dine with Me. Hector Christie hosts the first dinner party in Devon. **5.30-6.00** Coach Trip. Two more contestants are introduced to the group in Sardinia.

6.00 The Simpsons

Sideshow Bob makes another attempt to kill Bart. (R)

6.30 Hollyoaks

A moment of weakness causes Cindy to reveal her secret.

7.00 Channel 4 News

8.00 Benefits Britain: The Bedroom Tax – Channel 4 Dispatches With Seyi Rhodes.

8.30 Food Unwrapped

Kate Quilton investigates the health benefits of red wine.

9.00 Benefits Street

The final visit to James Turner Street, in the Winson Green district of Birmingham, following the challenges its residents face, such as poverty and illiteracy. Last in the series.

PICK **10.00** Benefits Britain: The Debate Richard Bacon chairs a discussion on the issues brought to the fore by Benefits Street, which has sparked a conversation about the welfare system. *See Ones To Watch.*

11.00 Payday

Documentary following the lives of four twentysomethings over one summer in Croydon, South London, as they cope in one of the toughest economics times since the 1930s.

12.00 Random Acts **12.05** One Born Every Minute (R) **1.00** Scandal (R) **1.45** Hostages (R) **2.35** World Without End (R) **3.25** Akbar's Cheetah (R) **3.30** Location, Location, Location (R) **4.25** Kirstie's Handmade Treasures **4.30** Supernanny US (R) **5.15** River Cottage Bites

Channel 5

6.00 Milkshake! **9.15** The Wright Stuff **11.10** The Hotel Inspector. Alex Polizzi helps an inexperienced hotelier in Wigan. (R) **12.10** 5 News Lunchtime. Latest headlines. **12.15** Winter Road Rescue. Snow, ice and freezing fog bring chaos to the roads. Last in the series. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS. Harper Dearing is hunted following the attack on the NCIS headquarters. (R) **3.15** FILM: Do You Know Me (2008) Premiere. A college graduate learns a terrifying secret when she sees a picture of a missing child that looks exactly like her. Thriller, with Rachelle Lefevre and Ted Whittall. **5.00** 5 News at 5 **5.30-6.00** Neighbours. Jacob is asked by Toadie to cut all ties with Sonya. (R)

6.00 Home and Away

Bianca arrives at the school to find the place trashed. (R)

6.30 NewsTalk Live

Topical debate and in-depth analysis of the day's stories.

7.00 World's Scariest Stunts: Caught on Camera Thrill-seekers who cheat death, including kayakers and climbers, plus a man who combines skiing and Base jumping, and a stuntman working on a film. (R)

8.00 Police Interceptors

Sgt Carlin arrests some van thieves and uncovers a major criminal operation in the process. Elsewhere, an officer rides to the rescue of a lorry load of calves on the A46.

9.00 Jim Davidson: At Least I'm Not Boring Profile of the comedian who found fame on talent show New Faces, before hosting Big Break and The Generation Game – and winning this year's Celebrity Big Brother.

10.00 Helix

Alan finds out that he might have been trusting the wrong person as he sets out to find the White Room and discover what it holds. Sci-fi thriller, starring Billy Campbell.

FILM **11.00** Death Race (2008) Jensen Ames is framed for the murder of his wife and sent to Terminal Island Prison, a facility that broadcasts the profitable Death Race, a high-octane event where convicts battle to the death in customised cars. Sci-fi thriller, starring Jason Statham.

1.00 SuperCasino **3.05** She's 78, He's 39: Age Gap Love (R) **3.55** House Doctor (R) **4.20** House Doctor (R) **4.45** Divine Designs (R) **5.10-6.00** Nick's Quest (R)

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■ REGIONAL VARIATIONS:

Master Hamilton **BBC1** SCOTLAND **7.30** Countryside 999 **10.35** The Street **11.35** Have I Got Old News for You **12.20** Who Do You Think You Are? USA **BBC1** WALES **7.30** X-Ray **10.35** Swansea: Return to the Streets **11.05** Mrs Brown's Boys **11.35** Have I Got Old News for You **BBC2** N IRELAND **10.00** Scúip **10.25** Filiocht Anois **11.20** Stormont Today **11.50** The Culture Show: Lego – The Building Blocks of Architecture **BBC2** SCOTLAND **11.00** Newsnight Scotland **11.20** Eòrpa **11.50** Royal Cousins at War **12.50** Letters of Service **BBC2** WALES **11.20** Torvill & Dean: The Perfect Day **RTE1** 7.55 Today **9.00** Morning Edition **11.05** Dr Phil **12.00** Shortland Street **12.30** Doctors **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** Fair City **3.30** Kitchen Hero **4.00** Rachel Allen's Easy Meals **4.30** Today **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Nationwide **7.30** Class Swap **8.00** EastEnders **8.30** In Good Hands **9.00** News **9.35** The Nolans **10.40** Prime Time **11.20** Silk **12.25** Eco Eye **S4C** 7.00 Cyw **1.00** Newyddion S4C a'r Tywydd **1.05** Heno **2.00** Prynhawn Da **2.55** Newyddion S4C a'r Tywydd **3.00** Cyw **4.00** Awr Fawr **5.00** Stwnsh **6.30** Newyddion S4C a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **8.00** Pobol y Cwm **8.25** Ffermio **9.00** Newyddion 9 a'r Tywydd **9.30** Pethe **10.30** Sgorio **11.30** Hwb **12.35** Diwedd

OVER ON DIGITAL

5★

6.00 Teleshopping **1.00** Gilmore Girls **3.00** Neighbours **3.25** Home and Away **4.00** Cowboy Builders **5.00** Police Interceptors **5.55** 5★ Access **6.00** Neighbours **6.30** Home and Away **7.00** Gibraltar: Britain in the Sun. Delays at the border threaten to ruin a couple's wedding day. **8.00** Benidorm ER. A Lancashire pensioner is admitted after falling off a toilet. **9.00** **FILM:** The Bone Collector (1999) Thriller, starring Denzel Washington. **11.30** True Crimes: The First 72 Hours **12.00** Teleshopping. Home shopping.

SUSA

6.00 Teleshopping. Home shopping. **12.00** Access **12.10** Chuck **1.15** **FILM:** Jane Doe: The Wrong Face (2005) Crime thriller, starring Lea Thompson. **3.00** CSI: Miami **4.00** CSI: NY **5.00** The Mentalist **6.00** Law & Order **6.55** Access **7.00** CSI: Miami. Horatio investigates the deaths of two tax inspectors who were killed on the same day. **8.00** CSI: NY. Mac and Stella investigate a new fantasy game sweeping New York. **9.00** NCIS **12.00** CSI: NY **1.00** Blade: The Series **2.00** Archer **3.00** Teleshopping

ITV2

Including at 8.30 Dinner Date **9.30** The Real Housewives of Atlanta **10.30** The Real Housewives of New Jersey **11.30** Millionaire Matchmaker **12.30** Emmerdale **1.00** Coronation Street **2.00** The Jeremy Kyle Show **4.10** The Real Housewives of New Jersey **5.05** Millionaire Matchmaker **6.00** Dinner Date **7.00** You've Been Framed! **8.00** Two and a Half Men **9.00** Mom **9.30** Dads **10.00** The Job Lot **10.30** Plebs **11.00** Fake Reaction **11.50** Two and a Half Men **12.45** Take Me Out **1.45** The Jeremy Kyle Show USA

SKY1

6.00 Inside Gatwick **7.00** Last Man Standing **8.00** Modern Family **9.00** Futurama **10.00** NCIS: Los Angeles **2.00** Hawaii Five-0 **3.00** Last Man Standing **4.00** Futurama **5.00** The Simpsons **5.30** Modern Family **6.30** The Simpsons **8.00** Modern Family **9.00** Stella **10.00** An Idiot Abroad 2. Karl Pilkington travels to Australia to swim with dolphins. **11.00** A League of Their Own **12.00** A League of Their Own: Unseen **1.00** Hawaii Five-0 **2.00** Brit Cops: Law & Disorder **3.00** Road Wars **4.00** Inside Gatwick **5.00** Airline USA

SKY ATLANTIC

6.00 The Devil's Dinner Party **7.00** thirtysomething **8.00** Star Trek: Enterprise **9.00** Blue Bloods **10.00** Star Trek: Enterprise **11.00** Stargate SG-1 **12.00** Blue Bloods **1.00** House **3.00** Blue Bloods **4.00** Star Trek: Enterprise **5.00** Stargate SG-1 **6.00** House **8.00** Friday Night Lights **9.00** Falcon **10.00** Girls **10.35** Looking **11.10** Funny or Die Presents **11.45** Weeds **12.20** Curb Your Enthusiasm **12.55** Falcon **1.55** Girls **2.30** Looking **3.05** Blue Bloods **4.00** The Devil's Dinner Party **5.00** Visionaries: Inside the Creative Mind

BBC THREE

7.00 Don't Tell the Bride. Music fan Perry is given £12,000 to plan his wedding. **8.00** Extreme Beauty Queens: Secrets of South America **9.00** Live at the Apollo **10.00** Uncle. Andy determines to break up with Shelly and make up with Gwen – while also wooing Errol's teacher Melodie. Comedy, starring Nick Helm. **10.30** EastEnders. Kat persuades Alfie to help search for Stacey. **11.00** Family Guy **11.45** American Dad! **12.30** Uncle **1.00** Live at the Apollo **2.00** Live at the Electric **2.30** Bluestone 42

SKY LIVING

6.00 RSPCA Animal Rescue **7.00** Nothing to Declare **8.00** Obese: A Year to Save My Life USA **9.00** Maury **11.00** Four Weddings **12.00** CSI: Crime Scene Investigation **2.00** Criminal Minds **4.00** RSPCA Animal Rescue **5.00** Inside Gatwick **6.00** Nothing to Declare **7.00** Nothing to Declare UK **7.30** Nothing to Declare **8.00** Bones **9.00** Criminal Minds **10.00** CSI: Crime Scene Investigation **11.00** Bones **12.00** Chicago Fire **1.00** Supernatural **1.50** Bones **2.40** Airline USA **3.30** Motorway Patrol **4.45** Nothing to Declare

MTV

6.00 Best of Cries **6.25** Teen Cries **7.10** The City **8.00** The Hills **9.00** Catfish: The TV Show **10.00** 16 & Pregnant **11.00** Beauty School Cop Outs **12.00** I Used to Be Fat **1.00** Catfish: The TV Show **2.00** Teen Mom 2 **3.00** The Hills **4.00** 16 & Pregnant **5.00** I Used to Be Fat **6.00** Teen Mom 2 **7.00** Catfish: The TV Show **9.00** Teen Mom 3 **10.00** Are You the One? **11.00** Ridiculousness **12.00** The Valleys **1.00** South Park. Animated fun. **2.00** Ridiculousness **2.45** Best of Cries **3.00** Teleshopping. Home shopping.

FILM4

11.00 Siege of the Saxons (1963) Starring Ronald Lewis. **12.45** Merrill's Marauders (1962) Starring Jeff Chandler. **2.40** The Anderson Tapes (1971) Thriller, starring Sean Connery. **4.35** Battleground (1949) Starring Van Johnson. **6.55** Star Trek V: The Final Frontier (1989) Starring William Shatner. **9.10** The A-Team (2010) Action adventure, starring Liam Neeson. **11.15** The Runaways (2010) Biopic of the 1970s rock band, starring Kristen Stewart. **1.20** Blood and Chocolate (2007) Starring Agnes Bruckner.

televisionX

SKY 903 **10.00** Freeview **10.10** Slapstick Lovelies 2 **10.30** Lara's UK Swingers 2 **10.55** Lizzy Anne's Leg Sex 2 **11.00** Freeview **11.10** Lizzy Anne's Leg Sex 2 **11.30** Northern Lad 2 **11.50** Freeview **12.00** Northern Lad 2 **12.00** Liselle's Red Hot Recruits 2 **12.20** Tanya Tate's Sex Tour of Ireland 2 **12.45** The Swinging Scene 2 **1.00** Freeview **1.10** The Swinging Scene 2 **1.15** Good Service 2 **1.30** Genuine Wives 3 **1.50** Road Warriors 2 **2.15** All New Ben Dover Show 4 **2.35** Cathy Barry Extreme Interracial 4

ONES TO WATCH...

MONDAY
10 FEBRUARY



Benefits Britain: The Debate

10pm, Channel 4

Benefits Street has been one of the most talked about TV shows in recent memory. From the characters and their bleak outlooks on life to folk from abroad coming over to live and some of the interesting bonds people out of work form, it's the programme everyone has been talking about – even in the Houses of Parliament. Now, broadcaster Richard Bacon is chairing a special debate with the aim of shining a spotlight on the broad range of issues brought to the attention of the nation by the series. Expect plenty of fireworks! ★★★★★



Winter Olympics: Today at the Games

7pm, BBC2

Clare Balding shows us the highlights from day three of the Sochi Games in Russia. Among the sports today are curling, speed skating and luge, in addition to the rather exciting freestyle skating. The highlight is likely to be the round-robin match between Great Britain and Sweden in the curling centre. Exciting! ★★★★★



Britain's Great War

9pm, BBC1

Jeremy Paxman continues his look into the history of World War One, which began 100 years ago this August. He finds out how Germany attempted to starve the country into submission, causing rationing and the publication of a war cookbook. Plus, the host also discovers that a film about the trenches broke box office records in the UK. ★★★★★



DCI Banks

9pm, ITV

In the second part of the story, Banks and his team have a murder enquiry on their hands as the body found on the moors is identified as 11-year-old Andre Petri. With Kyle Heath still missing, Banks has to divide his team. Is there a connection between the death of Andre and the disappearance of Kyle? Surely there is! ★★★★★

Top five on

CHANNEL

5

1. HOME AND AWAY

1.15PM & 6PM

2. JIM DAVIDSON: AT LEAST I'M NOT BORING 9PM

3. HELIX 10PM

4. POLICE INTERCEPTORS 8PM

5. WORLD'S SCARIEST STUNTS: CAUGHT ON CAMERA 7PM

BBC1

6.00 Breakfast **9.15** Wanted Down Under Revisited **10.00** Homes Under the Hammer **11.00** Bargain Hunt **12.00** Live Winter Olympics. Coverage of the concluding stages of the men's curling round-robin match between Great Britain and Germany. Coverage continues on BBC2. **1.00** BBC News, Weather **1.30** Local News, Weather **1.45** Doctors **2.15** WPC 56 **3.00** Perfection. General knowledge quiz, hosted by Nick Knowles. (R) **3.45** Escape to the Country. Nicki Chapman helps a couple find a property in rural south Devon. **4.30** Put Your Money Where Your Mouth Is. David Harper and Mark Stacey compete to make a profit. **5.15-6.00** Pointless. Quiz show, hosted by Alexander Armstrong. (R)

6.00 BBC News

6.30 Local News

7.00 The One Show

Chat and topical reports, with Matt Baker and Alex Jones.

PICK 7.30 EastEnders

Alfie is late for the scan. *See Ones To Watch.*

8.00 Holby City

Jac risks being late for Emma's christening to help Elliot operate on a patient with a rare heart condition and Harry becomes determined to find his own area of medical specialism.

9.00 Death in Paradise

A politician commits suicide after his affair is exposed – but Humphrey suspects he was killed, and the investigation brings Camille face to face with a blast from the past.

10.00 BBC News

10.25 Local News, Weather, Followed by Lottery Update.

10.35 A Question of Sport

Sue Barker asks the questions.

11.05 Film 2014

Claudia Winkleman and Danny Leigh review The Monuments Men and Cuban Fury.

FILM 11.35 The Hoax (2006) Drama set in the 1970s, based on the true story of Clifford Irving. With Richard Gere, Alfred Molina, Hope Davis and Marcia Gay Harden.

1.30-6.00 BBC News. Catch up with headlines from around the world.

BBC2

6.00 Homes Under the Hammer (R) **7.00** Live Winter Olympics. Featuring freestyle skiing and curling. Coverage continues on BBC1. **12.00** Daily Politics. Presented by Jo Coburn. **1.00** Live Winter Olympics. Jonathan Edwards introduces further coverage, featuring cross-country skiing, speed skating, snowboarding and curling. **4.00-7.00** Live Winter Olympics. Further coverage from Russia, featuring live curling, snowboarding and figure skating, as the day's events reach a conclusion. The curling continues from 4.00 at the Ice Cube Curling Centre in Sochi, as Great Britain and the USA face each other in the round-robin section of the women's draw. Subsequent programmes subject to change.

7.00 Winter Olympics: Today at the Games

Clare Balding introduces highlights from day four in Russia, where five gold medals were decided in venues in Sochi and Krasnaya Polyana.

8.00 Children's Emergency Rescue

Twins are taken ill with the same life-threatening condition and a heart surgeon is flown home from holiday in America to operate on an infant. Last in the series.

9.00 Inside the Animal Mind

Chris Packham examines why the cleverest animals are also the most social, investigating the behaviour of dolphins, chimpanzees and elephants. Last in the series.

10.00 House of Fools

Vic invites Bob's ex-wife over as a surprise for his birthday.

10.30 Newsnight

Analysis of the day's events, presented by Jeremy Paxman.

11.20 Dragons' Den

A couple pitch their glamorous camping business and a mother from Shropshire has a new take on the coffee bag. (R)

12.20 The Super League Show (R) **1.05** Sign Zone: Inspire: The Olympic Journey (R) **1.35** Sign Zone: Operation Grand Canyon with Dan Snow (R) **2.35** Sign Zone: Vultures: Beauty in the Beast – Natural World (R) **3.35** This Is BBC Two **4.00-6.00** BBC Learning Zone

ITV

6.00 Daybreak **8.30** Lorraine. With guest Ian McShane. **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Celebrity chat and lifestyle features, including a look at the stories making the newspaper headlines, viewers' comments in the Hub and a recipe in the kitchen. **12.30** Loose Women. With Kaye Adams, Mylene Klass, Janet Street-Porter and Linda Robson. **1.30** ITV News, Weather **1.55** Local News **2.00** Dickinson's Real Deal. From Coalville in Leicestershire. **3.00** The Alan Titchmarsh Show. With guests Robert Powell and James Blunt. **3.59** ITV Local Weather **4.00** Britain's Best Bakery. The last four semi-finalists put together an afternoon tea. **5.00-6.00** The Chase. Bradley Walsh presents.

6.00 Local News

6.30 ITV News, Weather

7.00 Emmerdale

Cain and Moira share their engagement news.

PICK 7.30 River Monsters

Part two. Jeremy Wade visits Norway. *See Ones To Watch.*

8.00 Who Wants to Be a Millionaire? Chris's Final Answer

Chris Tarrant looks back at his favourite memories from the past 15 years, including all the million-pound moments and the incident of the "Coughing Major".

PICK 9.00 Births, Deaths and Marriages

Part two of two. The team at Marylebone Town Hall is forced to cancel a wedding after the groom remembers a previous marriage in Las Vegas. *See Ones To Watch.*

10.00 ITV News at Ten, Weather

10.30 Local News

10.35 David Weir: Sports Life Stories

A profile of the British Paralympic athlete who won four gold medals at London 2012 and has amassed a total of 10 Paralympic medals in his career so far.

11.35 The Crocodile Hunter Diaries

A lizard is treated. (R)

12.05 Jackpot247. Viewers are offered the chance to participate in live interactive gaming. **3.00** Loose Women. More celebrity interviews and topical debate from a female perspective. (R) **3.45** ITV Nightscreen **5.05-6.00** The Jeremy Kyle Show (R)

Channel 4

6.25 Countdown (R) **7.10** Will & Grace (R) **7.35** Will & Grace (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Frasier (R) **10.00** Undercover Boss Canada **11.00** Sarah Beeny's Selling Houses (R) **12.00** Channel 4 News **12.05** Jamie's 15 Minute Meals (R) **12.35** Come Dine with Me Down Under (R) **1.05** Come Dine with Me Down Under (R) **1.35** Come Dine with Me Down Under (R) **2.05** Come Dine with Me Down Under (R) **2.35** Come Dine with Me Down Under (R) **3.10** Countdown **4.00** Deal or No Deal: Love HQ **5.00** Come Dine with Me. Make-up artist Kirsten Brend showcases her Danish roots. **5.30-6.00** Coach Trip. A passenger with a fear of heights attempts a tree-top assault course.

6.00 The Simpsons

Homer wakes up to find he has lost his memory. (R)

6.30 Hollyoaks

Phoebe delivers her testimony at Vincent's asylum hearing.

7.00 Channel 4 News

Including sport and weather.

8.00 Location, Location, Location

Phil Spencer and Kirstie Allsopp revisit a couple who wanted a home in the Herefordshire countryside and two sports lovers who were seeking a property in Derby.

9.00 The Taste

The remaining cooks are challenged to produce sweet and savoury spoonfuls containing chocolate, with pastry chef Eric Lanlard on hand to put them through their paces.

10.00 Secrets of the Pickpockets

Documentary investigating criminal gangs targeting British tourists in Spain, from stealing the bags of distracted couples on the beach to carjackings on the coastal highways. (R)

11.00 Benefits Street

The final visit to James Turner Street, in the Winson Green district of Birmingham, following the challenges its residents face, such as poverty and illiteracy. Last in the series. (R)

12.00 Random Acts. Short film. **12.05** Poker **1.05** KOTV Boxing Weekly **1.35** Trans World Sport (R) **2.30** Terror in the Skies (R) **3.25** Secret Removers (R) **4.20** Supernanny US (R) **5.00** Baking Mad with Eric Lanlard (R) **5.30-6.25** Location, Location, Location (R)

Channel 5

6.00 Milkshake! **9.15** The Wright Stuff **11.10** The Hotel Inspector. An Eastbourne establishment aiming for a four-star rating. (R) **12.10** 5 News Lunchtime **12.15** Ultimate Emergency Bikers. A van crashes into railings outside Birmingham's Moor Street station. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS. A robotic vehicle causes the death of a Navy lieutenant. (R) **3.15** FILM: Murder 101 (2006) A renowned criminologist tries to prove a reporter investigating corporate corruption did not kill a wealthy executive in an explosion. Mystery, starring Dick and Barry Van Dyke. **5.00** 5 News at 5 **5.30-6.00** Neighbours. Kyle visits Georgia to find out where she stands with Jacob. (R)

6.00 Home and Away

As their wedding day arrives, chaos reigns for April and Dex. (R)

6.30 NewsTalk Live

Topical debate and in-depth analysis of the day's stories.

7.00 The Dog Rescuers

RSPCA inspector Vicki McDonald has to deal with 20 dogs. (R)

7.30 Police 5

New series. Crime prevention advice and appeals.

8.00 Gibraltar: Britain in the Sun

Sgt Dylan Quigley tries to catch a thief at large and also has to deal with two monkey incidents in one day. Jan Leeming unveils the new name of RAF Gibraltar's headquarters. Last in the series.

PICK 9.00 200 Nips & Tucks and I Want More!

The stories of people whose pursuit of the ultimate body has taken over their lives and led them to have a great number of surgery procedures. *See Ones To Watch.*

10.00 Law & Order: Special Victims Unit

Benson and Stabler are called to the hospital after the reported rape of a 10-year-old girl, and a media frenzy is sparked when another victim comes forward.

11.00 Body of Proof

Megan investigates when a nanny is run over and killed while trying to stop the boy in her care from being kidnapped. (R)

11.55 CSI: Crime Scene Investigation

Drama, starring William Petersen and Marg Helgenberger. (R)

12.50 SuperCasino **3.05** Snowtrapped (R) **3.55** House Doctor (R) **4.20** House Doctor (R) **4.45** Divine Designs (R) **5.10** Nick's Quest (R) **5.35-6.00** Nick's Quest (R)

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■ REGIONAL VARIATIONS:

STV 7.59 News **10.00** ITV News at Ten **10.30** Scotland Tonight **11.05** David Weir: Sports Life Stories **12.05** Ladette to Lady: Australia **UTV 10.30** UTV Live Tonight **11.05** David Weir: Sports Life Stories **12.05** The Crocodile Hunter Diaries **BBC1 N IRELAND 10.35** Spotlight **11.05** A Question of Sport **11.35** Film 2014 **12.05** FILM: The Hoax (2006) **BBC2 N IRELAND 10.00** Getaways **11.20** Stormont Today **11.50** House of Fools **BBC2 SCOTLAND 8.00** Inside the Animal Mind **9.00** Scotland's Top Ten Battle Grounds **11.00** Newsnight Scotland **11.20** Children's Emergency Rescue **BBC2 WALES 1.45** am/pm **2.30** Live Winter Olympics **RTE1 7.55** Today **9.00** Morning Edition **10.55** Dr Phil **11.45** Shortland Street **12.15** Doctors **12.45** Telly Bingo **1.00** News **1.30** Home and Away **2.00** Neighbours **3.00** Nationwide **3.30** Kitchen Hero **4.00** Rachel Allen's Easy Meals **4.30** Today **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Eco Eye **7.30** EastEnders **8.00** Fair City **8.30** Operation Transformation **9.00** News **9.35** Prime Time **10.35** The Mentalist **11.25** Who Do You Think You Are? **12.40** Oireachtas Report **1.10** Tangle **S4C 7.00** Cyw **1.00** Newyddion S4C a'r Tywydd **1.05** Heno **2.00** Prynhawn Da **2.55** Newyddion S4C a'r Tywydd **3.00** Cyw **4.00** Awr Fawr **5.00** Stwnsh **6.30** Newyddion S4C a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **7.30** Rownd a Rownd **8.00** Pobol y Cwm **8.25** Sion a Sian **9.00** Newyddion 9 a'r Tywydd **9.30** Hacio **10.00** Gwaith/Cartref **11.00** Sgorio **12.05** Y Dydd yn y Cynulliad

OVER ON DIGITAL

5★ **6.00** Teleshopping **1.00** Gilmore Girls **3.00** Neighbours **3.25** Home and Away **4.00** Cowboy Builders **5.00** Police Interceptors **5.55** **5★** Access **6.00** Neighbours. Kyle visits Georgia to find out where she stands with Jacob. **6.30** Home and Away. Bianca tries to persuade April to go through with the wedding. **7.00** Extreme Fishing with Robson Green **9.00** **FILM:** Deep Blue Sea (1999) Thriller, starring Saffron Burrows and Samuel L Jackson. **11.15** Ultimate Police Interceptors **11.45** **5★** Access **12.00** Teleshopping

SUSA **6.00** Teleshopping **12.00** Access **12.15** Chuck **1.15** **FILM:** MeltDown: Days of Destruction (2006) Thriller, starring Casper Van Dien. **3.00** CSI: Miami **4.00** CSI: NY **5.00** The Mentalist **6.00** Law & Order **6.55** Access **7.00** CSI: Miami **8.00** CSI: NY **9.00** Longmire. The sheriff investigates a bear attack. **10.00** **FILM:** Dirty Harry (1971) Police thriller, starring Clint Eastwood. **12.15** Terminator: The Sarah Connor Chronicles **1.15** Alphas **2.15** My Name Is Earl **2.45** Access **3.00** Teleshopping. Home shopping.

ITV2 **Including at 9.30** The Real Housewives of Atlanta **10.30** The Real Housewives of New Jersey **11.30** Millionaire Matchmaker **12.30** Emmerdale **1.00** Coronation Street **2.00** Jeremy Kyle **4.10** The Real Housewives of New Jersey **5.05** Millionaire Matchmaker **6.00** Dinner Date **7.00** You've Been Framed! **8.00** Two and a Half Men **9.00** **FILM:** The Shawshank Redemption (1994) Prison drama, starring Tim Robbins and Morgan Freeman. **11.55** Two and a Half Men **12.45** Totally Bonkers Guinness World Records

SKY1 **6.00** Inside Gatwick **7.00** Last Man Standing **8.00** Modern Family **9.00** Futurama **10.00** NCIS: Los Angeles **2.00** Hawaii Five-0 **3.00** Last Man Standing **4.00** Futurama **5.00** The Simpsons **5.30** Modern Family. Animated fun. **6.30** The Simpsons **8.00** Hawaii Five-0 **9.00** Ross Kemp: Extreme World **10.00** NCIS: Los Angeles. A man claiming to be Callen's father is kidnapped. **11.00** A League of Their Own **1.00** Hawaii Five-0 **2.00** Brit Cops: Law & Disorder **3.00** Road Wars **4.00** Inside Gatwick **5.00** Airline USA

SKY ATLANTIC **6.00** The Devil's Dinner Party **7.00** thirtysomething **8.00** Star Trek: Enterprise **9.00** Blue Bloods **10.00** Star Trek: Enterprise **11.00** Stargate SG-1 **12.00** Blue Bloods **1.00** House **3.00** Blue Bloods **4.00** Star Trek: Enterprise **5.00** Stargate SG-1 **6.00** House **8.00** Urban Secrets. Alan Cumming explores the culture of Newcastle-upon-Tyne. **9.00** Awake **10.00** The Following. Mandy and Joe arrange to meet a follower. **11.00** Spartacus: Vengeance **12.15** The Sopranos **1.30** Curb Your Enthusiasm **2.05** Blue Bloods

BBC THREE **7.00** Snog, Marry, Avoid? **8.00** Tough Young Teachers **9.00** Sun, Sex and Suspicious Parents: Thailand. A mummy's girl and a student head to Phuket. **10.00** Sexy Beasts. Prosthetics are used to transform people before they go on their first dates, taking their real looks out of the equation to test whether a match can be found based on personality. **11.00** Family Guy **11.45** American Dad! **12.30** Sun, Sex and Suspicious Parents: Thailand **1.30** EastEnders **2.00** Bluestone 42 **2.30** Bluestone 42 Christmas Special

SKY LIVING **6.00** RSPCA Animal Rescue **7.00** Nothing to Declare **8.00** Downsize Me! **9.00** Maury **11.00** Four Weddings **12.00** CSI: Crime Scene Investigation **2.00** Criminal Minds **4.00** RSPCA Animal Rescue **5.00** Sun, Sea and A&E: South Africa **6.00** Nothing to Declare **8.00** My Kitchen Rules. Two friends painstakingly prepare an Italian feast in Liverpool. **9.00** **FILM:** Dave (1993) Political comedy, starring Kevin Kline. **11.00** Bones **12.00** Chicago Fire **1.00** Supernatural **1.50** Bones **2.40** Airline USA

MTV **6.00** Best of Cries **6.25** Teen Cries **7.10** The City **7.55** The Hills **8.55** Catfish: The TV Show **9.55** 16 & Pregnant **10.50** Beauty School Cop Outs **11.50** I Used to Be Fat **12.50** Catfish: The TV Show **1.50** Teen Mom 2 **3.15** The Hills **4.15** Catfish: The TV Show **4.40** I Used to Be Fat **5.40** Teen Mom 2 **7.00** Catfish: The TV Show **8.00** Teen Mom 3 **9.00** Snooki & JWoww **9.30** Big Tips Texas **10.00** Are You the One? **11.15** Catfish: Top 10 Most Shocking Episodes **12.10** The Valleys **1.10** South Park **2.10** Ridiculousness **3.00** Teleshopping

FILM4 **11.00** One of Our Aircraft Is Missing (1942) Starring Godfrey Tearle. **1.05** Winchester '73 (1950) Starring James Stewart. **2.55** Helen of Troy (1956) With Jacques Sernas. **5.10** The Master of Ballantrae (1953) Starring Errol Flynn. **6.55** America's Sweethearts (2001) Romantic comedy, starring John Cusack and Julia Roberts. **9.00** Run Fat Boy Run (2007) With Simon Pegg and Thandie Newton. **10.55** Jackass Number Two (2006) Starring Johnny Knoxville. **12.45** Adaptation (2002) Starring Nicolas Cage.

televisionX **SKY 903** **10.00** Freeview **10.10** Katie K's Teen Rampage **1** **10.30** Extreme Close Up **10.50** Linsey Dawn McKenzie I'm Back **5** **11.00** Freeview **11.10** Linsey Dawn McKenzie I'm Back **5** **11.30** Planet Nadia **1** **11.50** Freeview **12.00** Planet Nadia **1** **12.00** Gram Girl **12.15** Tamara's Talent **4** **12.35** Teresa Scott Unleashed **1.00** Freeview **1.10** XXX Factor **2** **1.55** All New Ben Dover Show **5** **2.10** Cathy Barry Extreme Interracial **5** **2.30** Together **2.50** Crank XXX **5** **3.15** Pervacious Mind of Angel Long **5** **3.30** Super D

ONES TO WATCH...

**TUESDAY
11 FEBRUARY**



200 Nips & Tucks and I Want More!

9pm, Channel 5

It has become the norm to be nipped, tucked and sculpted as more and more people go under the knife in an attempt to become younger, thinner and prettier versions of themselves. But when does surgery turn from a life-changing decision to a life-changing addiction? This startling film meets those whose pursuit of the ultimate body has taken over their lives, including Gavin, aka Diablo Delenfer – 'The Devil Man' – who has horns, fangs and a split tongue. He has even had the whites of his eyes tattooed a permanent red. ★★★★★



EastEnders

7.30pm, BBC1

After Kat's revelation to Max, the pair secretly discuss the Stacey situation. Having not adjusted his clock since he returned from Australia, Alfie loses track of time. Seeing Kat needs to get to her scan, Max offers to take her. After realising his error and rushing to the hospital, Alfie storms in to the hospital room and is surprised to see Max. ★★★★★☆



River Monsters

7.30pm, ITV

The Loch Ness Monster has fascinated people from all around the world for decades. But is the legend true? In the first of this two-part exploration, Jeremy Wade sets out to examine the evidence, review famous sightings and photographs and talk to eye witnesses to begin his own research into the creature that lies behind the myth. ★★★★★☆



Births, Deaths and Marriages

9pm, ITV

In the second episode, preparations are underway to move the register office and all its records from Old Marylebone Town Hall. We also meet a woman whose job it is to register deaths for people with no relatives and see a citizenship ceremony take place for foreign nationals who have become British citizens. ★★★★★☆

Top five on

CHANNEL

5

- 1. POLICE 5 7.30PM**
- 2. 200 NIPS & TUCKS AND I WANT MORE! 9PM**
- 3. GIBRALTAR: BRITAIN IN THE SUN 8PM**
- 4. LAW & ORDER: SPECIAL VICTIMS UNIT 10PM**
- 5. MURDER 101 3.15PM**

BBC1

6.00 Breakfast **9.15** Wanted Down Under Revisited **10.00** Homes Under the Hammer. (R) **11.00** Bargain Hunt. From Grimsthorpe in Lincolnshire. (R) **11.30** Live Winter Olympics. Live coverage of the conclusion of the women's curling round-robin match between Great Britain and Canada. Coverage continues on BBC2. **1.00** BBC News, Weather **1.30** Local News, Weather **1.45** Doctors **2.15** WPC 56 **3.00** Perfection. General knowledge quiz, hosted by Nick Knowles. (R) **3.45** Escape to the Country. A family seeks out a retreat in Hampshire. **4.30** Put Your Money Where Your Mouth Is. From Ford Airfield in West Sussex. **5.15-6.00** Pointless. Quiz show, hosted by Alexander Armstrong. (R)

6.00 BBC News

6.30 Local News, Weather

7.00 The One Show

Matt Baker and Alex Jones host the live magazine show, with a team of roving reporters presenting stories of interest from around the UK, plus big-name studio guests.

8.00 Waterloo Road

Kevin nervously prepares for his university bursary interview, only to be rushed to hospital after collapsing. Gabriella accuses Nikki and Hector of having an affair.

9.00 Outnumbered

Ben's role in Spartacus: The Musical is under threat.

9.30 Mrs Brown's Boys

Cathy develops a crush on her psychology lecturer. (R)

10.00 BBC News

10.25 Local News, Weather

Followed by Lottery Update.

10.35 Match of the Day

Highlights of the midweek Premier League matches, which include Arsenal v Manchester United at the Emirates Stadium and Manchester City v Sunderland at the Etihad Stadium. Plus, highlights from Cardiff City v Aston Villa and Hull City v Southampton.

12.10-6.00 BBC News. Updates on the latest national and international stories as they break.

BBC2

6.00 This Is BBC Two **6.45** Live Winter Olympics. Including downhill alpine skiing, ice hockey and curling. Coverage continues on BBC1. **11.30** Daily Politics **1.00** Live Winter Olympics. Further coverage, featuring Nordic Combined skiing highlights, and live ice hockey, curling and speed skating. **4.00-7.00** Live Winter Olympics. Clare Balding presents coverage through to the end of the fifth day of the Games in Russia, including live luge, figure skating and curling. The Sliding Centre Sanki near Krasnaya Polyana is the first port of call at 4.00 for the second and concluding run in the luge doubles final, where Germany will be looking to end their recent gold medal drought. Subsequent programmes subject to change.

7.00 Winter Olympics: Today at the Games

Clare Balding introduces highlights from day five in Russia, where six gold medals were decided in venues in Sochi and Krasnaya Polyana.

8.00 The Restaurant Man

Russell Norman comes to the aid of Debbie Quinn, who has sunk her retirement nest egg into opening a Swedish diner in Macclesfield, Cheshire, only to treat it as a hobby.

9.00 Line of Duty

New series. The return of the crime thriller about a police anti-corruption unit. DI Lindsay Denton comes under suspicion after a convoy is ambushed. Starring Keeley Hawes.

10.00 Inside No 9

Two burglars break into a luxury home to get a priceless painting.

10.30 Newsnight

Analysis of the day's events, presented by Jeremy Paxman. Followed by Weather.

11.20 Top Gear

Richard Hammond gets behind the wheel of the Alfa Romeo 4C, Jeremy Clarkson puts the McLaren P1 hypercar to the test and Thor star Tom Hiddleston drives the Reasonably Priced Car.

12.20 Sign Zone: See Hear (R) **12.50** Dolphins – Spy in the Pod (R) **1.50** Children's Emergency Rescue (R) **2.50** This Is BBC Two **3.00** BBC Learning Zone

ITV

6.00 Daybreak **8.30** Lorraine **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Consumer expert Alice Beer has more useful advice, and former TOWIE star Lydia Bright shows viewers her wardrobe. Presented by Phillip Schofield and Holly Willoughby. Including at 11.25 ITV News and Regional Weather. **12.30** Loose Women. Topical debate from a female perspective. **1.30** ITV News, Weather **1.55** Local News **2.00** Dickinson's Real Deal. From Melton Mowbray. **3.00** The Alan Titchmarsh Show. Features, music and conversation. **3.59** ITV Local Weather **4.00** Britain's Best Bakery. The first of a three-day grand final. **5.00** The Chase. Quiz show, hosted by Bradley Walsh.

6.00 Local News, Weather

6.30 ITV News, Weather

7.00 Emmerdale

Ruby is appalled when she finds the hidden camera.

7.30 Coronation Street

Fiz and Anna set up a party to go out and find Roy.

PICK 8.00 Midsomer Murders

The murder of Midsomer's biscuit factory boss Eric Calder leads Barnaby and Nelson to Copenhagen. The pair join forces with female detectives Birgitte Poulsen and Anna Degn in the hunt for the killer, and during the course of their investigation they discover the businessman had links to the capital. Ann Eleonora Jorgensen and Sanjeev Bhaskar guest star in the show's 100th episode. Last in the series. *See Ones To Watch.*

10.00 ITV News at Ten, Weather

10.30 Local News, Weather

10.35 The Jonathan Ross Show

The host is joined by 24 star Kiefer Sutherland, actress Emily Mortimer, actor Chris O'Dowd and comedian Kevin Bridges. Nine-time Grammy winner John Legend provides the music. (R)

11.40 Corfu: A Tale of Two Islands

Documentary. (R)

12.05 Jackpot247. Viewers are offered the chance to participate in live interactive gaming from the comfort of their sofas. **3.00** FILM: Columbo: Murder in Malibu (1990) Crime drama, starring Peter Falk. **4.35** ITV Nightscreen **5.05-6.00** The Jeremy Kyle Show (R)

Channel 4

6.25 Countdown (R) **7.10** Will & Grace (R) **7.35** Will & Grace (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Frasier (R) **10.00** Undercover Boss Canada **11.00** Sarah Beeny's Selling Houses (R) **12.00** Channel 4 News **12.05** Jamie's 15 Minute Meals (R) **12.35** Come Dine with Me Down Under (R) **1.05** Come Dine with Me Down Under (R) **1.35** Come Dine with Me Down Under (R) **2.05** Come Dine with Me Down Under (R) **2.35** Come Dine with Me Down Under (R) **3.10** Countdown. With Richard Arnold. **4.00** Deal or No Deal: Love HQ. A special Valentine's Day-themed show. **5.00** Come Dine with Me. The third dinner party in Devon. **5.30-6.00** Coach Trip. The tourists have a tennis lesson in Nice.

6.00 The Simpsons

Mayor Quimby brings election day forward. (R)

6.30 Hollyoaks

Leela is shocked to find herself waking up in Ziggy's bed.

7.00 Channel 4 News

The latest updates on the biggest headlines from around the world. Includes weather.

8.00 The Restoration Man

Architect George Clarke meets a furniture-maker who wants to create a home out of a colossal World War Two RAF bunker with no natural light and a back section submerged in water.

9.00 24 Hours in A&E

The team treats a 48-year-old man who has been having seizures, a 70-year-old patient with breathing difficulties and a seven-year-old girl who fell off a climbing frame at school.

10.00 First Dates

New series. Return of the dating show in which singletons meet up with possible partners at a restaurant, having selected them based solely on an internet photograph.

11.00 Troy

New series. A magician uses everyday objects and situations to baffle and amaze members of the public. In the first edition, Troy demonstrates speed-dating with a difference.

12.00 Random Acts **12.05** FILM: I Love You Phillip Morris (2009) Romantic comedy drama, with Jim Carrey and Ewan McGregor. **1.50** FILM: Keeping Mum (2005) Comedy, starring Rowan Atkinson. **3.35** How to Cope with Death (R) **3.40** Location, Location, Location (R)

Channel 5

6.00 Milkshake! **9.15** The Wright Stuff **11.10** The Hotel Inspector. Alex Polizzi visits a struggling guest house in Liverpool. (R) **12.10** 5 News Lunchtime **12.15** Snowtrapped. Seven stories of people who became trapped by snow. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS. A marine intelligence officer is murdered. (R) **3.15** FILM: Dangerous Attraction (2012) A woman is driven into seclusion out of fear of a stalker, but resolves to fight back when he threatens those closest to her. Thriller, with Amanda Righetti and Catherine Hicks. Edited for violence and tone. **5.00** 5 News at 5 **5.30-6.00** Neighbours. Paul tells Lucy he is going to offer the management of the hotel to Elle and Andrew. (R)

6.00 Home and Away

Bianca tries to persuade April to go though with the wedding. (R)

6.30 NewsTalk Live

Topical debate and analysis of the day's major stories.

7.00 Trauma Doctors

A 22-year-old who has fallen three storeys is rushed to the Royal London Hospital and paramedics are called out to King's Cross station to deal with a cardiac arrest. (R)

8.00 Ultimate Emergency Bikers

An elderly couple are trapped in their car following a pile-up on the A13 in Essex, and biker cop Stomp acts quickly to manage the traffic while waiting for the air ambulance to arrive.

9.00 NCIS

A murder inquiry is launched when a body turns out to be that of an armoury employee reported missing. Guest starring Steve Valentine. *Includes The Health Lottery draw at 9.55pm.*

10.00 Suspects

New series. Crime drama following the work of a team of detectives. A two-year-old girl is abducted from her home. Starring Fay Ripley, Damien Molony and Clare-Hope Ashitey.

11.00 Law & Order: Special Victims Unit

Benson and Stabler investigate a case of alleged child abuse, but soon realise their attention should actually be focused on the woman who made the report.

12.00 The Big Game. Action from the poker game in which amateurs compete alongside world-class professionals. **12.55** SuperCasino **3.05** Brain Hospital: Saving Lives **3.55** House Doctor **4.20** House Doctor **4.45** Divine Designs **5.10** Nick's Quest (R) **5.35** Wildlife SOS (R)

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REGIONAL VARIATIONS:

STV **10.00** ITV News at Ten **10.30** Scotland Tonight **11.05** The Jonathan Ross Show **12.05** The Nightshift **5.00** ITV Nightscreen **UTV** **7.59** UTV Live Update **10.30** UTV Live Tonight, Weather **11.05** The Jonathan Ross Show **12.05** Corfu: A Tale of Two Islands **BBC1 N IRELAND** **8.59** BBC Newsline Update **10.35** The Nolan Show **11.35** Match of the Day **1.05** BBC News **BBC2 N IRELAND** **10.00** Spotlight **11.20** Inside No 9 **11.50** Royal Cousins at War **BBC2 SCOTLAND** **11.00** Newsnight Scotland **11.20** Scotland's Top Ten Battle Grounds **12.20** Top Gear **1.20** Sign Zone: See Hear **RTÉ1** **7.55** Today **9.00** Morning Edition **10.50** Shortland Street **11.20** Doctors **11.50** Leaders' Questions **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** Fair City **3.30** Kitchen Hero **4.00** Rachel Allen's Easy Meals **4.30** Today **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Nationwide **7.30** Neven Maguire: Home Chef **7.57** Lotto **8.00** Fair City **8.30** Operation Transformation **9.00** News **9.35** FILM: He's Just Not That Into You (2009) **11.50** Oireachtas Report **12.25** Mask and Memory: Sidney Nolan **1.30** Celebrity MasterChef Ireland **2.35** Dirty Old Towns? **3.20** The Genealogy Roadshow **4.15** Shortland Street **4.40** Nationwide **5.05** Doctors **5.4C** **6.00** Diwedd **7.00** Cyw **1.00** Newyddion S4C a'r Tywydd **1.05** Heno **1.30** Dechrau Canu Dechrau Canmol **2.00** Prynhawn Da **2.55** Newyddion S4C a'r Tywydd **3.00** Cyw **4.00** Awr Fawr **5.00** Stwnsh **6.30** Newyddion S4C a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **7.30** Dibendraw **8.00** Pobol y Cwm **8.25** Cegin Bryn **8.55** Darlliediad Gwleidyddol **9.00** Newyddion 9 a'r Tywydd **9.30** Newyddion 9: Y Sgwrs **10.00** Dim Byd **10.30** Rygbi Pawb **11.35** Y Dydd yn y Cynulliad

OVER ON DIGITAL

5★ **6.00** Teleshopping **1.00** Gilmore Girls **3.00** Neighbours **3.25** Home and Away **4.00** Cowboy Builders **5.00** Police Interceptors **5.55** **5★** Access **6.00** Neighbours **6.30** Home and Away. Zac and Hannah have to decide between their feelings for each other and providing a home for Oscar and Evelyn, while Josh is annoyed by Maddy treating him like a charity case. **7.00** Bar Rescue **9.00** **FILM:** Mr & Mrs Smith (2005) Comedy adventure, with Brad Pitt and Angelina Jolie. **11.25** Police 5 **12.00** Teleshopping. Home shopping.

5USA **6.00** Teleshopping. Home shopping. **12.00** Access **12.15** Chuck **1.15** **FILM:** Summer House (2008) Supernatural thriller, starring Lindsay Price. **3.00** CSI: Miami **4.00** CSI: NY **5.00** The Mentalist **6.00** Law & Order **6.55** Access **7.00** CSI: Miami. An American football star is murdered. **8.00** CSI: NY **9.00** Person of Interest. Reese follows a former safe-cracker. **10.00** NCIS **11.00** **FILM:** Until Death (2007) Action thriller, starring Jean-Claude Van Damme. **1.10** Justified **2.05** Dark Blue **3.00** Teleshopping

ITV2 **Including at 8.30** Dinner Date **9.30** The Real Housewives of Atlanta **10.30** The Real Housewives of New Jersey **11.30** Millionaire Matchmaker **12.30** Emmerdale **1.00** The Cube **2.00** The Jeremy Kyle Show **4.10** The Real Housewives of New Jersey **5.05** Millionaire Matchmaker **6.00** Dinner Date **7.00** You've Been Framed! **8.00** Two and a Half Men **9.00** Benidorm **10.00** The Magaluf Weekender **11.00** The Big Reunion 2014 **12.00** Fake Reaction **12.45** Two and a Half Men **1.40** The Magaluf Weekender

SKY1 **6.00** Inside Gatwick **7.00** Last Man Standing **8.00** Modern Family **9.00** Futurama **10.00** NCIS: Los Angeles **2.00** Hawaii Five-0 **3.00** The Simpsons **3.30** Futurama **4.30** The Simpsons **5.30** Modern Family **6.30** The Simpsons **8.00** Ashley Banjo's Big Town Dance **9.00** The Kumars. With Emilia Fox, Richard E Grant and Caroline Quentin. **10.00** Duck Quacks Don't Echo. Comedy panel game, hosted by Lee Mack. **11.00** A League of Their Own **1.00** Hawaii Five-0 **2.00** Brit Cops: Law & Disorder **3.00** Road Wars

SKY ATLANTIC **6.00** The Devil's Dinner Party **7.00** thirtysomething **8.00** Star Trek: Enterprise **9.00** Blue Bloods **10.00** Star Trek: Enterprise **11.00** Stargate SG-1 **12.00** Blue Bloods **1.00** House **3.00** Blue Bloods **4.00** Star Trek: Enterprise **5.00** Stargate SG-1 **6.00** House **8.00** Mankind: The Story of All of Us **9.00** Fleming. New series. Drama about the life of Ian Fleming, starring Dominic Cooper. **10.00** This Is Jinsy **11.00** The Borgias **12.10** The Sopranos **1.25** Fleming **2.25** This Is Jinsy

BBC THREE **7.00** Would I Lie to You? The Unseen Bits. Extra material from the latest series. Last in the series. **7.30** Would I Lie to You? **8.00** Sexy Beasts **9.00** Generation Sex: Secrets of South America **10.00** Sun, Sex and Suspicious Parents: Thailand. A mummy's girl and a student head to Phuket. **11.00** Family Guy **11.45** American Dad! **12.30** Generation Sex: Secrets of South America **1.30** Sexy Beasts **2.30** Russell Howard's Good News **3.00** Generation Sex: Secrets of South America

SKY LIVING **6.00** RSPCA Animal Rescue **7.00** Nothing to Declare **8.00** Downsize Me! **9.00** Maury **11.00** Four Weddings **12.00** CSI: Crime Scene Investigation **2.00** Criminal Minds **4.00** RSPCA Animal Rescue **5.00** Sun, Sea and A&E: South Africa **6.00** Nothing to Declare **8.00** UK Border Force **9.00** Bones **10.00** Grey's Anatomy. Derek embarks on an ambitious research project. **11.00** Bones **12.00** Chicago Fire **1.00** Supernatural **1.50** Bones **2.40** Airline USA **3.30** Motorway Patrol **4.45** Nothing to Declare

MTV **6.00** Best of Cries **6.30** Teen Cries **7.15** The City **8.00** The Hills **9.00** Catfish: The TV Show **10.00** 16 & Pregnant **11.00** Beauty School Cop Outs **12.00** I Used to Be Fat **1.00** Catfish: The TV Show **2.00** Teen Mom 2 **3.00** The Hills **4.10** 16 & Pregnant **5.05** I Used to Be Fat **6.05** Teen Mom 2 **7.00** Catfish: The TV Show **8.00** Teen Mom 3 **9.00** Awkward **9.30** Snooki & JWovw **10.00** Catfish: The TV Show **11.00** Snooki & JWovw **11.30** Big Tips Texas **12.00** The Valleys **1.00** South Park **2.00** Ridiculousness **2.45** Best of Cries

FILM4 **11.00** The Rare Breed (1966) Starring Maureen O'Hara and James Stewart. **12.55** Sea of Sand (1958) Starring Richard Attenborough. **2.50** Bad Day at Black Rock (1955) Starring Spencer Tracy. **4.30** Mysterious Island (1961) Sci-fi adventure, starring Michael Craig. **6.30** The Legend of Zorro (2005) Starring Antonio Banderas. **9.00** Paul (2011) Sci-fi comedy, with Simon Pegg and Nick Frost. **11.05** Attack the Block (2011) Starring Jodie Whittaker. **12.50** Riff Raff (1990) Drama, starring Robert Carlyle.

televisionX **SKY 903** **10.00** Freeview **10.10** Katie K's Teen Rampage 2 **10.30** Extreme Close Up **10.55** Linsey Dawn McKenzie I'm Back 2 **11.00** Freeview **11.10** Linsey Dawn McKenzie I'm Back 2 **11.35** Planet Nadia 2 **11.50** Freeview **12.00** Planet Nadia 2 **12.10** Gram Girl **12.20** Tamara's Talent 2 **12.40** Teresa Scott Unleashed **1.00** Freeview **1.10** Teresa Scott Unleashed **1.15** Vampire Vixens 2 **1.25** Fighting Females 2. Adult fun. **1.40** Fast Food 1 **2.00** Deadly Sins of Mistress Sinclair 3 **2.25** All New Mutt And His Mate 1

ONES TO WATCH...

WEDNESDAY
12 FEBRUARY



Midsomer Murders

8pm, ITV

This is the 100th episode of the famous crime drama series and the current run ends tonight. When Midsomer resident and biscuit factory boss Eric Calder is found murdered, it leads Barnaby and Nelson to Copenhagen, the capital of Denmark. The pair join forces with local female detectives in the hunt for the killer and during their investigation they discover the businessman had many links to the town. Look out for guest stars including Ann Eleonora Jorgensen (*The Killing*), Birgitte Hjort Sorensen (*Borgen*) and Sanjeev Bhaskar. ★★★★★☆

Top five on **CHANNEL 5**

- 1. SUSPECTS 10PM**
- 2. ULTIMATE EMERGENCY BIKERS 8PM**
- 3. TRAUMA DOCTORS 7PM**
- 4. DANGEROUS ATTRACTION 3.15PM**
- 5. LAW & ORDER: SPECIAL VICTIMS UNIT 11PM**

Win Wednesdays

Play Our New Midweek Draw
Don't Miss Out!

Every Wednesday Night
In the first advert break after
9.55pm on Channel 5



BBC1

6.00 Breakfast **9.15** Wanted Down Under Revisited **10.00** Homes Under the Hammer **11.00** Bargain Hunt **12.00** Live Winter Olympics. Jonathan Edwards presents coverage on day six in Russia, featuring the final of the women's 500m short track speed skating and Great Britain v USA in the men's curling. Coverage continues on BBC2. **1.00** BBC News, Weather **1.30** Local News **1.45** Doctors. Al gets into trouble with Howard. **2.15** WPC 56 **3.00** Perfection (R) **3.45** Escape to the Country **4.30** Put Your Money Where Your Mouth Is. David Harper and Mark Stacey visit Chiswick Auctions in London. **5.15-6.00** Pointless. Quiz show, hosted by Alexander Armstrong and Richard Osman. (R)

6.00 BBC News

6.30 Local News

7.00 The One Show

Matt Baker and Alex Jones present the magazine show.

7.30 EastEnders

Billy warns Alfie to come clean about his secret.

8.00 Pound Shop Wars

Poundworld opens a new store in Peterborough.

PICK 8.30 Inspector George Gently

A young woman's body is washed up beside a pier, leading Gently and Bacchus to question the staff and guests of the nearby holiday camp where she worked. It turns out she was a popular member of staff, a charismatic performer and great with the guests. *See Ones To Watch.*

10.00 BBC News

10.25 Local News, Weather

10.35 Question Time

David Dimbleby chairs a debate from Scunthorpe, where the panellists answering questions from the audience include former Labour Home Secretary Alan Johnson.

11.35 This Week

Discussing political and parliamentary developments from the past seven days.

12.25-6.00 BBC News. Catch up with the latest headlines from around the world. With weather updates.

BBC2

12.00 Daily Politics **1.00** Live Winter Olympics. Featuring cross-country skiing and ice hockey highlights, plus live speed skating and biathlon. **4.00-7.30** Live Winter Olympics. The concluding coverage on day six in Russia, featuring the team luge relay final in Krasnaya Polyana and the men's figure skating short programme in Sochi. The luge at the Sliding Centre Sanki is first up at 4.15, with the team relay being afforded Olympic status for the first time, and also deciding the final luge medals of the Games. One individual male and one female competitor, as well as a doubles team, will represent each nation, with Germany regarded as the clear favourites for gold. Subsequent programmes subject to change.

7.30 Winter Olympics: Today at the Games

Highlights from day six in Russia.

8.00 The Hairy Bikers' Asian Adventure

New series. Dave Myers and Si King travel around Asia exploring the roots of some of Britain's favourite takeaway foods, beginning in Hong Kong.

9.00 Bible Hunters

Part one of two. The stories of the dedicated men and women who travelled across Egypt in the 19th and early 20th centuries to unearth the earliest Christian texts.

10.00 Charlie Brooker's Weekly Wipe

A satirical look at the latest news. Last in the series.

10.30 Newsnight

Analysis of the day's events, presented by Kirsty Wark.

11.20 Inside the Animal Mind

Chris Packham examines why the cleverest animals are also the most social, investigating the behaviour of dolphins. Last in the series. (R)

12.20 The Review Show **1.05** Sign Zone: Immigration Undercover: The Student Visa Scandal – Panorama (R) **1.35** Sign Zone: Inspire: The Olympic Journey (R) **2.05** Sign Zone: Pilgrimage with Simon Reeve (R) **3.05** This Is BBC Two

ITV

6.00 Daybreak. With chef and actress Rustie Lee. **8.30** Lorraine. Entertainment and fashion news. **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Pop star Adam Ant speaks to presenters Phillip Schofield and Holly Willoughby, and performs at the end of the show. Including at 11.25 ITV News and Regional Weather. **12.30** Loose Women. With the Hairy Bikers, who reveal details of their new BBC series taking a look at Asian cuisine. **1.30** ITV News, Weather **1.55** Local News **2.00** Dickinson's Real Deal. Valuing antiques in Ludlow, Shropshire. **3.00** The Alan Titchmarsh Show. With the Krankies. **3.59** ITV Local Weather **4.00** Britain's Best Bakery. The penultimate challenge. **5.00-6.00** The Chase

6.00 Local News

6.30 ITV News, Weather

7.00 Emmerdale

Ruby goes to Bob with footage of Brenda stealing a scarf.

7.30 Can We Trust the Police? Tonight

How public confidence in the police has changed.

8.00 Emmerdale

Diane encourages Val to get tested and tell Eric.

8.30 Birds of a Feather

Tracey, Sharon and Dorien lose their jobs and face a crisis.

PICK 9.00 Benidorm

The CEO of the Solana Hotel Group (Joan Collins) forces Joyce to downgrade the resort to its original three-star status, while Donald meets his all-time hero. *See Ones To Watch.*

10.00 ITV News at Ten, Weather

10.30 Local News

10.35 The Cube

A penguin-keeper and a 31-year-old man aim to complete a series of increasingly difficult tasks inside the cube to win a jackpot of £250,000. Hosted by Phillip Schofield. (R)

11.35 The Great Train Robbery

A look back at the August 1963 Royal Mail train heist, featuring interviews with key figures. (R)

12.30 Jackpot247. Viewers get the chance to take part in live interactive gaming. **3.00** Can We Trust the Police? Tonight (R) **3.25** ITV Nightscreen **5.05-6.00** The Jeremy Kyle Show (R)

Channel 4

6.25 Countdown (R) **7.10** Will & Grace (R) **7.35** Will & Grace (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Frasier (R) **10.00** Undercover Boss Canada **11.00** Sarah Beeny's Selling Houses (R) **12.00** Channel 4 News Midday Summary **12.05** Jamie's 15 Minute Meals (R) **12.35** Come Dine with Me: Ireland (R) **1.05** Come Dine with Me: Ireland (R) **1.35** Come Dine with Me: Ireland (R) **2.05** Come Dine with Me: Ireland (R) **2.35** Come Dine with Me: Ireland (R) **3.10** Countdown. With Richard Arnold. **4.00** Deal or No Deal: Love HQ. A special Valentine's Day-themed show. **5.00** Come Dine with Me. Jenny Fox hosts the fourth dinner party in Devon. **5.30-6.00** Coach Trip

6.00 The Simpsons

Homer reminisces about how he gave up his dreams. (R)

6.30 Hollyoaks

Ruby's accusations leave Frankie and Jack's relationship in tatters.

7.00 Channel 4 News

Including sport and weather.

8.00 Supersize vs Superskinny

Two young mothers enter the feeding clinic, Christian Jessen visits a residential weight-loss camp in Las Vegas and Emma Woolf meets a woman with both cerebral palsy and anorexia.

9.00 Big Ballet

Coaches Wayne Sleep and Monica Loughman audition the plus-size dancers for parts in Swan Lake and the pressure is on to see who is cast as the lead and her evil counterpart.

PICK 10.00 Bodyshockers: My Tattoo Hell

Katie Piper continues her exploration of body modification in Magaluf, where she meets Stefan, who got a drunken tattoo. *See Ones To Watch.*

11.05 Getting Rich in the Recession: Scrappers

Documentary exploring the booming scrap-metal industry, with access to a scrapyard in Sydenham, south-east London, and its enterprising teams. (R)

12.05 24 Hours in A&E (R) **1.00** Random Acts **1.05** First Dates (R) **2.00** Payday (R) **2.55** Benefits Britain: The Bedroom Tax – Channel 4 Dispatches (R) **3.25** Food Unwrapped (R) **3.50** Location, Location, Location (R) **4.50** Supernanny US (R) **5.30-6.25** Deal or No Deal: Love HQ (R)

Channel 5

6.00 Milkshake! **9.15** The Wright Stuff **11.10** The Hotel Inspector. Alex Polizzi travels to the Meudon Hotel in Falmouth. (R) **12.10** 5 News Lunchtime. Latest headlines. **12.15** Ben Fogle: New Lives in the Wild. A former fighter pilot farming in the foothills of the Himalayas. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS. Part one of two. The team is ordered to protect Ziva's father. (R) **3.15** FILM: Like Mother, Like Daughter (2007) Premiere. A woman searching for her missing daughter receives help from a professor – but does not realise he murdered her. Thriller, starring Michelle Stafford. **5.00** 5 News at 5. Latest headlines. **5.30** Neighbours. Terese agrees to return to work. (R)

6.00 Home and Away

Josh is annoyed by the way Maddy is treating him. (R)

6.30 NewsTalk Live

Topical debate and in-depth analysis of the day's stories.

7.00 Titanic: The True Story

Documentary using scientific experiments to investigate the truth about the liner's sinking on its maiden voyage in April 1912, aiming to separate fact from fiction. (R)

8.00 The Kidnapping of Shergar

Documentary exploring the abduction of 1981 Epsom Derby winner Shergar from his home at the Ballymany Stud in Co Kildare in 1983. The fate of the racehorse remains a mystery.

9.00 The Hotel Inspector

Alex Polizzi visits the struggling Vidella Hotel in Blackpool, where owners Neil and John's love of practical jokes is starting to affect both trade and their friendship.

PICK 10.00 Brain Hospital: Saving Lives

A woman has an operation to deal with her severe epilepsy, and a man undergoes emergency surgery to remove a tumour on his pituitary gland. *See Ones To Watch.*

11.00 CSI: NY

A body is found on the Brooklyn Bridge and the detectives find an envelope in his backpack containing photographs of a young woman who appears to be dead. (R)

12.00 SuperCasino **3.05** World's Scariest Stunts: Caught On Camera. A collection of spectacular and death-defying stunts with the thrill-seekers who cheat death. (R) **3.55** House Doctor (R) **4.20** House Doctor (R) **4.45** Divine Designs (R) **5.10** Wildlife SOS (R) **5.35** Wildlife SOS (R)

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■ REGIONAL VARIATIONS:

Great Train Robbery **1.00** Teleshopping **2.30** ITV Nightscreen **WESTCOUNTRY 1.55** ITV News West Country, Weather **6.00** ITV News West Country, Weather **10.30** ITV News West Country, Weather **11.10** Question Time **12.10** This Week **12.55** BBC News **BBC2 SCOTLAND 9.00** The Stuarts **11.00** Newsnight Scotland, Weather **11.20** Bible Hunters **1.05** Inside the Animal Mind **RTE1 7.55** Today **9.00** Morning Edition **10.50** Shortland Street **11.20** Doctors **11.50** Leaders' Questions **12.45** Telly Bingo **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** Nationwide **3.00** Fair City **3.30** Kitchen Hero **4.00** Rachel Allen's Easy Meals **4.30** Today **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** TBA **7.30** EastEnders **8.00** Fair City **8.30** Ear to the Ground **9.00** News **9.35** Prime Time **10.15** 21st Century Child **11.15** Silent Witness **12.25** Dineachtas Report **12.55** FILM: Two Lovers (2009) **S4C 6.00** Diwedd **7.00** Cyw **1.00** Newyddion S4C a'r Tywydd **1.05** Heno **1.30** Ffermio **2.00** Prynhawn Da **2.55** Newyddion S4C a'r Tywydd **3.00** Cyw **4.00** Awr Fawr **5.00** Stwnsh **6.30** Newyddion S4C a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **7.30** Rownd a Rownd **8.00** Pobol y Cwm **8.25** Wrecsam 'Di Wrexham **9.00** Newyddion 9 a'r Tywydd **9.30** Pawb a'i Farn **10.30** Pethu **11.30** Y Stiwdio Gefn **12.05** Y Dydd yn y Cynulliad

OVER ON DIGITAL

5★

6.00 Teleshopping **1.00** Gilmore Girls **3.00** Neighbours **3.25** Home and Away **4.00** Cowboy Builders **5.00** Police Interceptors **5.55** 5★ Access **6.00** Neighbours **6.30** Home and Away **7.00** Top 20 Funniest **8.00** World's Worst Tenants **9.00** **FILM:** Abduction (2011) A teenager realises he was abducted as a child and goes in search of his real identity as shadowy agents pursue him. Action thriller, starring Taylor Lautner and Lily Collins. **11.15** Ultimate Police Interceptors **11.45** 5★ Access **12.00** Teleshopping

SUSA

6.00 Teleshopping. Home shopping. **12.00** Access **12.10** Chuck **1.10** **FILM:** Goodnight for Justice (2011) Western, starring Luke Perry. **3.00** CSI: Miami **4.00** CSI: NY **5.00** The Mentalist **6.00** Law & Order **6.55** Access **7.00** CSI: Miami. A bomb explodes in a nightclub. **8.00** CSI: NY **10.00** **FILM:** Executive Decision (1996) A team of crack intelligence experts must foil hijackers armed with lethal nerve gas who have taken over an airliner. Action thriller, starring Kurt Russell. **12.45** Access **1.00** SuperCasino

ITV2

Including at 7.45 Jeremy Kyle USA **8.30** Dinner Date **9.30** The Real Housewives of Atlanta **10.30** The Real Housewives of New Jersey **11.30** Millionaire Matchmaker **12.30** Emmerdale **1.00** Coronation Street **1.30** You've Been Framed! **2.00** Jeremy Kyle **4.10** The Real Housewives of New Jersey **5.05** Millionaire Matchmaker **6.00** Dinner Date **7.00** You've Been Framed! **8.00** Two and a Half Men **9.00** The Big Reunion 2014 **10.00** Fake Reaction **10.50** Mom **11.20** Dads **11.45** Two and a Half Men **12.45** Plebs

SKY1

6.00 Inside Gatwick **7.00** Dog the Bounty Hunter **8.00** Modern Family **9.00** Futurama **10.00** NCIS: Los Angeles **2.00** Hawaii Five-0 **3.00** The Simpsons **3.30** Futurama **4.30** The Simpsons **5.30** Modern Family **6.30** The Simpsons **7.55** **FILM:** Cheaper By the Dozen (2003) Family comedy remake, starring Steve Martin. **9.50** Futurama: Welcome to the World of Tomorrow **10.00** Ross Kemp: Extreme World **11.00** A League of Their Own **1.00** Hawaii Five-0 **2.00** Brit Cops: Law & Disorder **3.00** Road Wars

SKY ATLANTIC

6.00 The Devil's Dinner Party **7.00** thirtysomething **8.00** Star Trek: Enterprise **9.00** Blue Bloods **10.00** Star Trek: Enterprise **11.00** Stargate SG-1 **12.00** Blue Bloods **1.00** House **3.00** Blue Bloods **4.00** Star Trek: Enterprise **5.00** Stargate SG-1 **6.00** House **8.00** Urban Secrets. Alan Cumming travels to Dublin. **9.00** Fleming **10.00** Blue Bloods. A man accuses a police dog of attacking his young son. **11.00** Girls **11.35** Looking **12.10** Richard E Grant's Hotel Secrets **1.10** Spartacus: Vengeance **2.25** Big Love

BBC THREE

7.00 Total Wipeout. Adventure gameshow, hosted by Richard Hammond and Amanda Byram. **8.00** Motorway Cops. Traffic police enforce the law on Britain's most dangerous highways. **9.00** Tough Young Teachers **10.00** Ja'mie: Private School Girl. The student treats Mitchell to a private dance. **10.30** EastEnders. Billy warns Alfie to come clean about his secret. **11.00** Family Guy **11.45** American Dad! **12.30** Ja'mie: Private School Girl **12.55** Uncle **1.25** Tough Young Teachers **2.25** Live at the Electric

SKY LIVING

6.00 RSPCA Animal Rescue **7.00** Nothing to Declare **8.00** Downsize Me! **9.00** Maury **11.00** Four Weddings **12.00** CSI: Crime Scene Investigation **2.00** Criminal Minds **4.00** RSPCA Animal Rescue **5.00** Sun, Sea and A&E: South Africa **6.00** Nothing to Declare **8.00** The Face USA **9.00** My Kitchen Rules **10.00** CSI: Miami. A reality TV star is killed during a party celebrating the start of her new show. **11.00** Bones **12.00** Chicago Fire **1.00** Supernatural **1.50** Bones **2.40** Airline USA **3.30** Motorway Patrol **4.45** Nothing to Declare

MTV

6.00 Best of Cries **6.25** Teen Cries **7.10** The City **8.00** The Hills **9.00** Catfish: The TV Show **10.00** 16 & Pregnant **11.00** Beauty School Cop Outs **12.00** I Used to Be Fat **1.00** Catfish: The TV Show **2.05** Teen Mom 2 **3.05** The Hills **4.10** 16 & Pregnant **5.05** I Used to Be Fat **6.05** Teen Mom 2 **7.00** Catfish: The TV Show **8.00** Are You the One? **9.00** Snooki & JWoww **9.30** Big Tips Texas **10.00** Awkward **10.30** Girl Code **11.00** Catfish: The TV Show **12.00** The Valleys **1.00** South Park **2.00** Ridiculousness **2.50** Best of Cries

FILM4

11.00 Sanjuro (1962) Starring Toshiro Mifune. **12.55** Heaven Knows, Mr Allison (1957) Starring Robert Mitchum. **3.00** The Mistress of Spices (2005) Starring Aishwarya Rai and Dylan McDermott. **4.50** Kim (1950) Starring Errol Flynn. **7.05** Step Up 2: The Streets (2008) Drama, starring Briana Evigan. **9.00** The Adjustment Bureau (2011) Sci-fi thriller, starring Matt Damon and Emily Blunt. **11.05** Cypher (2002) Starring Jeremy Northam. **1.00** 35 Shots of Rum (2008) Starring Alex Descas and Mati Diop.

televisionX

SKY 903 **10.00** Freeview **10.10** Katie K's Teen Rampage **3** **10.30** Extreme Close Up **10.50** Linsey Dawn McKenzie I'm Back **3** **11.00** Freeview **11.10** Linsey Dawn McKenzie I'm Back **3** **11.35** Planet Nadia **3**. Adult fun. **11.50** Freeview **12.00** Planet Nadia **3** **12.05** Gram Girl **12.15** Tamara's Talent **3** **12.40** Teresa Scott Unleashed **1.00** Freeview **1.10** Nymphic Games **2** **1.35** Banned **2** **2.05** Slapstick Lovelies **2** **2.25** Lara's UK Swingers **2** **2.50** Lizzy Anne's Leg Sex **2** **3.15** Northern Lad **2** **3.35** Lisselle's Red Hot Recruits **2**

ONES TO WATCH...

THURSDAY
13 FEBRUARY



Inspector George Gently

8.30pm, BBC1

When the body of a girl is washed up next to a pier, Gently and Bacchus must investigate the staff and guests at a nearby holiday camp. There, they discover that the happy impression the resort gives off is all a lie, with an underbelly of fame seeking, sex and other dark depravities. It is not long before camp guests begin reacting to the news of the murder and one couple attempt to leave. But Gently and Bacchus find out that one of them was with the young girl the night before she died — so what might the pair be hiding? ★★★★★



Bodyshockers: My Tattoo Hell

10pm, Channel 4

Katie Piper hits the beach in Magaluf, finding out why thousands of holidaymakers get a tattoo in addition to their tan. There, she meets one man who decided to get inked when he was drunk and cannot remember it happening, and a woman who got a bee tattoo on each knee. Well, when in Magaluf, why not? ★★★★★☆



Benidorm

9pm, ITV

It's nearly time for the summer season to come to an end for another year. However, there's plenty of drama before that with the one and only Joan Collins — playing Joyce's boss Crystal Henessy-Vass — arriving to inspect the Solana resort. Meanwhile, Mateo and Lesley are left in charge of a group of VIPs and Tiger and Michael fight. ★★★★★☆



Brain Hospital: Saving Lives

10pm, Channel 5

This week, three patients who are determined to make the most of their future are at the Walton Centre in Liverpool. Lisa has epilepsy so severe it could kill her and she is left house-bound by the frequency of her attacks. Now, neurosurgeons are offering her a last hope of a normal life with sophisticated brain surgery. Can it work? ★★★★★☆

Top five on

CHANNEL

5

1. THE KIDNAPPING OF SHERGAR 8PM
2. TITANIC: THE TRUE STORY 7PM
3. THE HOTEL INSPECTOR 9PM
4. BRAIN HOSPITAL: SAVING LIVES 10PM
5. CSI: NY 11PM

BBC1

6.00 Breakfast **9.15** Wanted Down Under Revisited **10.00** Homes Under the Hammer (R) **11.00** Bargain Hunt (R) **12.00** Live Winter Olympics. Further coverage of day seven in Russia, featuring the men's alpine skiing super combined slalom run and Great Britain v Japan in the women's curling. Coverage continues on BBC2. **1.00** BBC News, Weather **1.30** Local News, Weather **1.45** Doctors **2.15** WPC 56. Last in the series. **3.00** Perfection. General Knowledge quiz, hosted by Nick Knowles. (R) **3.45** Escape to the Country. A country home in Cumbria. (R) **4.30** Put Your Money Where Your Mouth Is. David Harper and Mark Stacey face the antiques showdown. **5.15-6.00** Pointless. Quiz show. (R)

6.00 BBC News

6.30 Local News

7.00 The One Show

Chris Evans and Alex Jones round off the week.

7.30 A Question of Sport

Sue Barker asks the questions in the light-hearted quiz. (R)

8.00 EastEnders

Ian finally confronts Denise and Tamwar offers to help Carol.

8.30 Room 101

Vernon Kay, Kelly Hoppen and Miles Jupp discuss their hates.

9.00 New Tricks

The team reopens the case of a murdered palaeontologist, digging up a host of suspects after learning he was opposed to his museum's dealings with a fuel company. (R)

10.00 BBC News

10.25 Local News, Weather

Followed by Lottery Update.

10.35 The Graham Norton Show

Graham's guests include Matt Damon and Hugh Bonneville. Paloma Faith provides the music.

11.25 Pound Shop Wars

Poundworld opens a new store in Peterborough. (R)

11.55 EastEnders

Omnibus. Lucy discovers Danny has been embezzling money and Denise worries when Ian offers Fatboy a job.

1.55-6.00 BBC News. Latest headlines.

BBC2

6.00 This Is BBC Two **6.45** Live Winter Olympics. Hazel Irvine introduces coverage on day seven of the Games, featuring live alpine skiing and curling, and highlights of the men's ice hockey. Coverage continues on BBC1. **12.00** Daily Politics **1.00** Live Winter Olympics. Featuring live curling and ice hockey, and freestyle skiing, skeleton and biathlon updates. **3.40-7.10** Live Winter Olympics. Clare Balding introduces the concluding coverage on day seven, featuring live skeleton, curling and figure skating. Hopes of British success will be high this afternoon at the Sliding Centre Sanki in Krasnaya Polyana, as the women's skeleton continues for Shelley Rudman and Lizzy Yarnold. Subsequent programmes subject to change.

7.10 Winter Olympics: Today at the Games

Clare Balding introduces highlights from day seven in Russia, where six gold medals were decided in venues in Sochi and Krasnaya Polyana.

8.00 Mastermind

Answering questions on punk music and Samuel Beckett plays.

8.30 An Island Parish

A calendar featuring Sark's emergency services is released.

9.00 Mock the Week Looks Back at Health

Guests include Russell Howard and Greg Davies. (R)

9.30 QI

Stephen Fry poses questions on all manner of inventions. (R)

10.00 Alan Davies Apres-Ski

An irreverent look at all the news from the Winter Olympics.

10.30 Newsnight

Analysis of the day's events, presented by Kirsty Wark.

FILM 11.05 Before Sunrise

(1995) Tourist Jesse and student Celine meet by chance on a train. The two strangers form a close connection instantly. However, their romance seems likely to only last a day. Drama, starring Ethan Hawke and Julie Delpy.

12.40 Sign Zone: Question Time (R) **1.40** Sign Zone: Inspire: The Olympic Journey. A Winter Olympics special. (R) **2.10** Sign Zone: Steve McQueen: Are You Sitting Uncomfortably? – A Culture Show Special (R) **3.10-5.00** This Is BBC Two

ITV

6.00 Daybreak **8.30** Lorraine. Actress Helen Mirren chats about her BAFTA Fellowship Award. **9.25** The Jeremy Kyle Show. Guests air their differences. **10.30** This Morning. Celebrity chat and lifestyle features, viewers' comments in the Hub, and the stars with Russell Grant. Presented by Ruth Langsford and Eamonn Holmes. Including at 11.25 ITV News and Regional Weather. **12.30** Loose Women. Panelists include Jamelia and Sherrie Hewson. **1.30** ITV News, Weather **1.55** Local News **2.00** Dickinson's Real Deal. The team heads to Gloucester. **3.00** The Alan Titchmarsh Show. Actor Ian McShane joins the host. **3.59** ITV Local Weather **4.00** Britain's Best Bakery. The grand final. Last in the series. **5.00-6.00** The Chase

6.00 Local News

6.30 ITV News, Weather

7.00 Emmerdale

Bob accuses Brenda of stealing Alicia's necklace and his gift.

7.30 Coronation Street

Tina secretly arranges to spend the evening with Peter.

PICK 8.00 Student Nurses: Bedpans and Bandages

New series. *See Ones To Watch.*

8.30 Coronation Street

Gloria lets slip to Rita that she spent the night with Dennis.

9.00 Piers Morgan's Life Stories: Ian Botham

The former cricketer joins Piers to discuss the highs and lows of his life and career as one of Britain's most successful and controversial sportsmen. Last in the series.

10.00 ITV News at Ten, Weather

10.30 Local News

10.35 The Americans

Philip and Elizabeth must stop an assassin from killing scientists involved in the missile-defence programme, and devise a plan to get the FBI's help. (R)

11.35 Benidorm

The CEO of the Solana Hotel Group (Joan Collins) forces Joyce to downgrade the resort to its original three-star status. Last in the series. (R)

12.25 Jackpot247. Live gaming. **3.00** The Jeremy Kyle Show USA **3.40** The Jeremy Kyle Show USA **4.25** ITV Nightscreen

Channel 4

6.25 Countdown (R) **7.10** Will & Grace (R) **7.35** Will & Grace (R) **8.00** Everybody Loves Raymond (R) **8.30** Everybody Loves Raymond (R) **9.00** Frasier (R) **9.30** Frasier (R) **10.00** Undercover Boss Canada **11.00** Sarah Beeny's Selling Houses (R) **12.00** Channel 4 News Midday Summary **12.05** Jamie's 15 Minute Meals (R) **12.35** Come Dine with Me: Ireland (R) **1.05** Come Dine with Me: Ireland (R) **1.35** Come Dine with Me: Ireland (R) **2.05** Come Dine with Me: Ireland (R) **2.35** Come Dine with Me: Ireland (R) **3.10** Countdown. With Richard Arnold. **4.00** Deal or No Deal: Love HQ **5.00** Come Dine with Me. Viv Foster hosts the final night in Devon. **5.30-6.00** Coach Trip. The tourists are in a jubilant mood in Aix-en-Provence.

6.00 The Simpsons

Homer, Marge and Bart get stuck in a Tunnel of Love ride. (R)

6.30 Hollyoaks

Grace becomes suspicious of Fraser's attachment to Tegan.

7.00 Channel 4 News

8.00 Jamie and Jimmy's Friday Night Feast

Jennifer Saunders prepares classic Italian porchetta for her husband Adrian Edmondson, and Dexter Fletcher makes Mexican tortillas with salsa. Last in the series.

9.00 Peter Kay: Live & Back on Nights! Part Two

Part two of two. The comedian provides a behind-the-scenes look at his 18 months on the road throughout 2010 and 2011, playing 140 shows for 1.2 million fans.

10.00 The Last Leg

Adam Hills, Josh Widdicombe and Alex Brooker are joined by celebrity guests for a comic review of the past seven days.

10.50 Brooklyn Nine-Nine

A hotshot detective from Major Crimes steals Jake's thunder.

FILM 11.20 The Naked Gun: From the Files of Police Squad!

(1988) Disaster-prone lieutenant Frank Drebin uncovers a plot to assassinate Queen Elizabeth II. Comedy, with Leslie Nielsen.

12.55 The Simpsons (R) **1.15** Random Acts **1.20** According to Jim **1.45** Happy Endings **2.05** Franklin & Bash **2.50** Boss **3.45** Stonehouse Reunion **3.50** Location, Location, Location **4.50** Baking Mad with Eric Lanlard **5.15** Deal or No Deal: Love HQ

Channel 5

6.00 Milkshake! **9.15** The Wright Stuff **11.10** The Hotel Inspector. A reputedly haunted hotel in St Albans, Hertfordshire. (R) **12.10** 5 News Lunchtime **12.15** Police Interceptors. Sgt Carlin uncovers a major criminal operation. (R) **1.15** Home and Away **1.45** Neighbours **2.15** NCIS. Part two of two. The safe house is attacked and Eli goes missing. (R) **3.15** FILM: Taking a Chance on Love (2009) A newspaper columnist is uncertain whether to accept her partner's marriage proposal – until a reader offers words of wisdom. Romantic drama, with Genie Francis and Ted McGinley. **5.00** 5 News at 5. Latest headlines. **5.30-6.00** Neighbours. Kyle prepares to tell Kate their relationship is over. (R)

6.00 Home and Away

Nate persuades Ricky to take a pregnancy test. (R)

6.30 NewsTalk Live

Topical debate and in-depth analysis of the day's stories.

7.00 World's Toughest Prison

The technological advances that have enabled a prison in Maryland, USA, to become one of the most secure in the world, holding more than 1,400 dangerous convicts. (R)

8.00 Ice Road Truckers

Alex has to cross the frozen delta of the Mackenzie River as he delivers snowmobiles to a village in the north. Rick makes a foolish mistake that puts himself and Hugh in danger.

PICK 9.00 Ben Fogle: New Lives in the Wild

Ben journeys to a remote part of Leyte in the Philippines to spend time with a 45-year-old former taxi driver from Florida, who is now a farmer. *See Ones To Watch.*

10.00 World's Scariest Animal Attacks

Terrifying animal encounters caught on camera, including the moment sharks turned on a father and son, and a 500lb elephant seal that reacted violently when intimidated. (R)

11.00 Street Crime UK: Caught on Camera

Nick Wallis joins police forces across the nation to discover how CCTV and technological advances are helping to fight the huge rise in street crime. (R)

12.00 SuperCasino. Live gaming. **3.05** Ultimate Emergency Bikers. An elderly couple are trapped in their car following a pile-up on the A13 in Essex. (R) **3.55** House Doctor (R) **4.20** House Doctor (R) **4.45** Great Scientists (R) **5.10** Wildlife SOS (R) **5.35-6.00** Wildlife SOS (R)

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■ REGIONAL VARIATIONS:

7.00 Ulster Rugby Live **9.30** Mastermind **11.05** Top Gear **12.05** Waterworld **12.10** Sign Zone: See Hear **BBC2 WALES** **7.00** Scrum V Live **9.30** Sport Wales **11.05** Winter Olympics: Today at the Games **11.55** FILM: Before Sunrise (1995) **1.30** Coast **RTE1** **7.20** Shopping from Home **7.55** Today **9.00** Morning Edition **10.55** Dr Phil **11.45** Shortland Street **12.15** Doctors **12.45** Telly Bingo **1.00** News **1.30** Home and Away **2.00** Neighbours **2.25** EastEnders **3.00** Fair City **3.30** Kitchen Hero **4.00** Catherine's Roman Holiday **4.30** Today **5.40** Nuacht **6.00** The Angelus **6.01** News **7.00** Nationwide **7.30** Tracks and Trails **8.00** EastEnders **8.30** The Works **9.00** News **9.35** The Late Late Show **11.45** News **11.55** FILM: Keeping Mum (2005) **1.45** Hamish Macbeth **2.45** Telly Bingo **2.55** Shortland Street **3.20** Nationwide **3.45** Dr Phil **4.30** Doctors **5.00** EuroNews **S4C** **6.00** Diwedd **7.00** Cyw **1.00** Newyddion **S4C** a'r Tywydd **1.05** Heno **1.30** Cadw Cwmni gyda John Hardy **2.00** Prynhawn Da **2.55** Newyddion **S4C** a'r Tywydd **3.00** Cyw **4.00** Awr Fawr **5.00** Stwnsh **5.40** Rownd a Rownd **6.00** Ffeil **6.05** Rownd a Rownd **6.30** Newyddion **S4C** a'r Tywydd **6.35** Pobol y Cwm **7.00** Heno **8.00** Pobol y Cwm **8.25** Cefn Gwlad **9.00** Newyddion **9** a'r Tywydd **9.30** Sam ar y Sgrin **10.00** Jonathan **11.00** Dim Byd **11.30** Lisa: Y Dyn ei Hum **12.05** Diwedd

OVER ON DIGITAL

5★

6.00 Teleshopping **1.00** Gilmore Girls **3.00** Neighbours **3.25** Home and Away **4.00** Cowboy Builders **5.00** Police Interceptors **5.55** 5★ Access **6.00** Neighbours **6.30** Home and Away **7.00** Stop! Police Interceptors: Drink & Drugs. Another selection of the most memorable moments from the series. **8.00** Police Interceptors. Sgt Carlin uncovers a major criminal operation. **9.00** **FILM:** The Losers (2010) Action adventure, starring Jeffrey Dean Morgan and Zoe Saldana. **11.00** Biggest Boozers: Top 20 **12.00** Teleshopping

SUSA

6.00 Teleshopping. Home shopping. **12.00** My Name Is Earl **12.25** Chuck **1.20** **FILM:** Lone Rider (2008) Western, starring Lou Diamond Phillips. **3.00** CSI: Miami **5.00** The Mentalist **6.00** Law & Order **6.55** Access **7.00** CSI: NY **9.00** Law & Order: Special Victims Unit **10.00** Played. An explosive gangland hit sends rookie officer Jesse Calvert back to his underworld roots to find the supplier of the deadly assault rifles used in the shooting. **11.00** Longmire **12.00** CSI: NY **1.00** SuperCasino. Live interactive gaming.

ITV2

Including at 9.30 The Real Housewives of Atlanta **10.30** The Real Housewives of New Jersey **11.30** Millionaire Matchmaker **12.30** Emmerdale **1.30** You've Been Framed! **2.00** The Jeremy Kyle Show **4.10** The Real Housewives of New Jersey **5.05** Millionaire Matchmaker **6.00** Dinner Date **7.00** You've Been Framed! Calendar Special **8.00** Two and a Half Men **9.00** **FILM:** Bridget Jones's Diary (2001) Romantic comedy, with Renee Zellweger. **11.00** Take Me Out **12.10** Two and a Half Men **1.10** Dads **1.35** Mom

SKY1

6.00 Inside Gatwick **7.00** Dog the Bounty Hunter **8.00** Modern Family **9.00** Futurama **10.00** NCIS: Los Angeles **2.00** Hawaii Five-0 **3.00** The Simpsons **3.30** Futurama **4.30** The Simpsons **5.30** Modern Family **6.30** The Simpsons **8.00** Modern Family **9.00** Stella. *See Ones To Watch.* **10.00** Duck Quacks Don't Echo. With Olivia Colman, Rhod Gilbert and Paul Hollywood. **11.00** A League of Their Own **1.00** Hawaii Five-0 **2.00** Brit Cops: Law & Disorder **3.00** Road Wars

SKY ATLANTIC

6.00 The Devil's Dinner Party **7.00** thirtysomething **8.00** Star Trek: Enterprise **9.00** Blue Bloods **10.00** Star Trek: Enterprise **11.00** Stargate SG-1 **12.00** Blue Bloods **1.00** House **3.00** Blue Bloods **4.00** Star Trek: Enterprise **5.00** Stargate SG-1 **6.00** House **8.00** Blue Bloods. A man accuses a police dog of attacking his young son. **9.00** The Following **10.00** Nurse Jackie. New series. *See Ones To Watch.* **10.35** When Strangers Click: Five Stories from the Internet **11.50** Fleming **12.50** Mad Men **2.50** Nurse Jackie

BBC THREE

7.00 Great Movie Mistakes: Revenge of the Fifth. Blunders in Hollywood films. **7.25** Doctor Who **9.00** **FILM:** Enemy of the State (1998) An encounter with an old friend derails a lawyer's life as he ends up framed for murder and pursued by government agents. Thriller, starring Will Smith, Gene Hackman and Jon Voight. **11.05** Family Guy. Animated fun. **11.50** Live at the Electric **12.20** American Dad! **1.00** Sexy Beasts **2.00** Uncle **2.30** Sun, Sex and Suspicious Parents: Thailand **3.30** Live at the Electric

SKY LIVING

6.00 RSPCA Animal Rescue **7.00** Nothing to Declare **8.00** Downsize Me! **9.00** Maury **11.00** Celebrity Four Weddings **12.00** CSI: Crime Scene Investigation **2.00** Criminal Minds **4.00** RSPCA Animal Rescue **5.00** Emergency Abroad **6.00** Nothing to Declare **7.00** My Kitchen Rules **8.00** CSI: Miami **9.00** Criminal Minds **10.00** CSI: Crime Scene Investigation. DB's son becomes a murder suspect. **11.00** Bones **12.00** Chicago Fire **1.00** Supernatural **1.50** Bones **2.40** Airline USA **3.30** Motorway Patrol **4.45** Nothing to Declare

MTV

6.00 Best of Cries **6.10** Plain Jane **8.45** Catfish: The TV Show **9.45** The Hills: Lauren's Loves **1.05** Catfish: The TV Show **2.05** Engaged and Underage **3.00** The Hills **4.05** Catfish: The TV Show **8.00** Teen Mom 3. Katie and Joey clash over finances. **8.55** Are You the One? Tensions explode between Jacy and Simone as they fight for John's affections. **9.50** Catfish: The TV Show **10.45** Snooki & JWovvv **11.20** Girl Code **11.45** Are You the One? **2.25** Best of Cries **3.00** Teleshopping. Home shopping.

FILM4

11.00 The Anderson Tapes (1971) Starring Sean Connery. **12.55** Danger Within (1958) Starring Richard Todd. **3.00** One of Our Aircraft is Missing (1942) With Godfrey Tearle. **5.05** The Lady Vanishes (1979) Remake of the Hitchcock mystery, starring Elliott Gould. **7.00** Leap Year (2010) Romantic comedy, starring Amy Adams and Matthew Goode. **9.00** Battle: Los Angeles (2011) Sci-fi thriller, starring Aaron Eckhart. **11.15** Watchmen (2009) Starring Patrick Wilson. **2.20** Pi (1998) With Sean Gullelte.

televisionX

SKY 903 **10.00** Freeview **10.10** Katie K's Teen Rampage **4** **10.25** Extreme Close Up **10.50** Linsey Dawn McKenzie I'm Back **4** **11.00** Freeview **11.10** Linsey Dawn McKenzie I'm Back **4** **11.30** Planet Nadia **4** **11.50** Freeview **12.00** Planet Nadia **4** **12.10** Gram Girl **12.20** Tamara's Talent **4** **12.40** Teresa Scott Unleashed **1.00** Freeview **1.10** Teresa Scott Unleashed **1.15** Dirty Diaries **4** **1.35** School For Sex **2** **1.55** Katie K's Teen Rampage **1** **2.00** Freeview **2.10** Katie K's Teen Rampage **1** **2.25** Extreme Close Up

ONES TO WATCH...

FRIDAY
14 FEBRUARY



NEW SERIES

Nurse Jackie

10pm, Sky Atlantic

Golden Globe and Emmy-winner Edie Falco is Jackie Peyton, the brilliant ER nurse with a penchant for popping painkillers and a marriage on the brink of a difficult breakdown. In the comedy drama's fifth season, Jackie is clean and back in the bustle of All Saints hospital where an influx of patients from a bus accident makes for a tough first day back. Plus, as tensions run high in the Peyton household, lodger Zoey (Merritt Wever) also has an announcement to make when she decides it's time to move out and get away from all the drama. ★★★★★☆



Ben Fogle: New Lives in the Wild

9pm, Channel 5

The intrepid explorer – who has conquered the sea, the desert and the snow in the past – is now off to the jungle of the Philippines to spend time with a 45-year-old taxi driver-turned-coconut farmer from Florida. While there, Ben joins him and his young family in their house to experience daily life in the unusual surroundings. ★★★★★☆



Stella

9pm, Sky1

White flags are waving this week as Stella calls a truce with Michael, going so far as to let him use her shower when his water runs out. The lawyer might think twice about accepting the offer again, though, following an incident involving a basketball and shattered glass. Daughter Emma, on the other hand, heads into dangerous territory with boss Marcus. ★★★★★☆



NEW SERIES

Student Nurses: Bedpans and Bandages

8pm, ITV

Training to be a nurse has changed dramatically since the early days of the NHS. Greater demands and added responsibility make it harder to qualify than ever before. In universities all over the country, a new generation of nurses is being born. In this first episode we get to see three youngsters who are up for the challenge. ★★★★★☆

Top five on

CHANNEL

5

1. HOME AND AWAY
1.15PM & 6PM

2. BEN FOGLE: NEW LIVES
IN THE WILD 9PM

3. WORLD'S SCARIEST
ANIMAL ATTACKS 10PM

4. ICE ROAD TRUCKERS 8PM

5. NEWSTALK LIVE 6.30PM

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				WHITE	
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Surname					TOTAL
Address					
Postcode					
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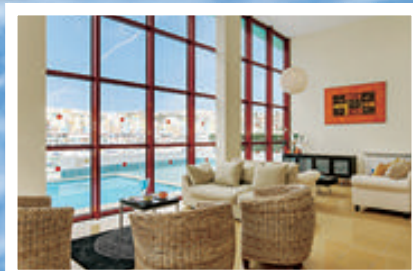
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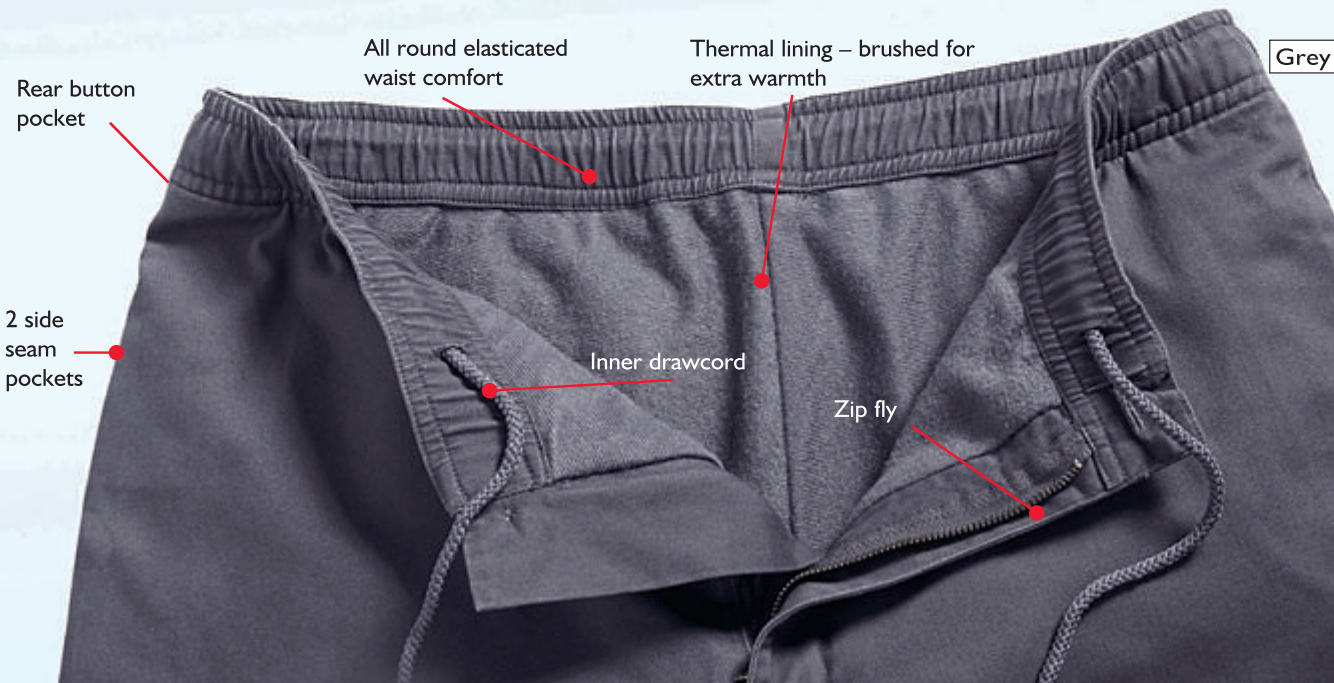
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Robbie Williams 13 February 1974

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ARIES

MAR 21 – APR 20

Put dark thoughts aside and come out from under your cover — collaborating with others is your winning ticket. Love? It's hot, heady and perfect for a passionate Valentine's Day clinch! Don't hold back. Call my Starline to hear when to control a desire to move on.

0907 181 2963 (01)*



CANCER

JUNE 23 – JULY 23

Are you looking for problems that don't exist? Dwell on the positives and what you have — not on what you might be missing. Emotions are deepening and a meeting could pave the way to an affair. Call my Starline to hear when you mustn't take advantage of others.

0907 181 2963 (04)*



LIBRA

SEP 24 – OCT 23

Looking for friends, fun and frolics? Valentine's week could see all your wishes come true. If necessary, be bold and make the first move. Celebrate on Friday. After that, it's back to business. Call my Starline to hear when to avoid an unpleasant stand-off.

0907 181 2963 (07)*



CAPRICORN

DEC 22 – JAN 20

Here's a week to charm and romance your sweetheart. If you're single, you're putting out all the right vibes. But love is a complex, mysterious thing and keeps you guessing on Valentine's Day. Call my Starline to hear when to avoid digging your heels in.

0907 181 2963 (10)*



TAURUS

APR 21 – MAY 21

There's a mad vortex of energy around you as you finish off outstanding tasks. Down tools by Friday and turn home into a love nest. Valentine's Day comes only once a year so make the most of it. Call my Starline to hear when to beware an outburst of feelings.

0907 181 2963 (02)*



LEO

JULY 24 – AUG 23

Speak from the heart but don't let strong words come between you and a special someone. Move to the next stage of your journey. On Valentine's Day, you're making plans. Call my Starline to hear when you must watch for hidden signals.

0907 181 2963 (05)*



SCORPIO

OCT 24 – NOV 22

You'll want to shut yourself away or shout your news from the rooftops. Perhaps you'll do both. Tuesday is frustrating, Thursday brings people back into your life and Saturday is for going public. Call my Starline to hear when to avoid emotional confrontations.

0907 181 2963 (08)*



AQUARIUS

JAN 21 – FEB 19

Love has been secret, private and personal. Perhaps you've had an admirer you weren't aware of, or it could be you who's been carrying a torch. Whichever, much comes to light. On Valentine's Day it's a 'yes'. Call my Starline to hear when to accept changes gracefully.

0907 181 2963 (11)*



GEMINI

MAY 22 – JUNE 22

It's a week when social affairs keep you amused, but if travelling double-check the details before you set off. The downside is work on Tuesday, the upside is romance: hot, steamy and passionate! Call my Starline to hear when to curb those feelings of resentment.

0907 181 2963 (03)*



VIRGO

AUG 24 – SEP 23

What makes you happy? If life is all work and no play, don't sit and mope, turn things around for Valentine's Day. Throw a party and get together with people you haven't seen for a while. Call my Starline to hear when to be aware of coercive tactics.

0907 181 2963 (06)*



SAGITTARIUS

NOV 23 – DEC 21

Don't be afraid to chase your dreams this week. Whether you're jetting off to the other side of the world or just taking a taxi to your favourite restaurant, make Friday the most romantic Valentine's Day ever. Call my Starline to hear when to watch out for underhand tactics.

0907 181 2963 (09)*



PISCES

FEB 20 – MAR 20

It's no surprise if you feel a little jaded through this long week. By Friday you'll want to hibernate, so what better excuse than to snuggle under the duvet with that special someone on Valentine's night? Call my Starline to hear when to avoid disruptions.

0907 181 2963 (12)*

For Lori's Starlines select your zodiac number (in brackets under each star sign). Calls cost 77ppm from a BT landline plus network extras. Subscribe to daily texts for 50p plus standard network charges per message per day. To join, text **DSHOT** followed by the first three letters of your star sign (eg. **DSHOTGEM**) to **83088**. This will cost 50p plus standard network charge per message per day until you send **STOP** to 83088. This is a subscription service. **Helpline: 0870 010 8656**.

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UK's number 1 for broadband: Based on combined superiority of wired and wireless broadband performance of up to 16Mb products. Ofcom broadband report May 2013 measured wired performance of major ISPs at peak and 24h average; BT ADSL2+ broadband has equal or superior performance on measures of reliability. **Wireless performance:** BT Home Hub 4 provides superior reliability compared with routers provided by the other major up to 16Mb broadband ISPs. See more at bt.com/mostreliable. Your speed depends on your line and location. **UK's fastest wireless signal:** The Infinity Hub is BT's Hub 5. It provides the fastest wireless speeds when used with AC compatible (IEEE 802.11ac) devices. Your fixed-line broadband speed will not change. Of all major broadband providers only Hub 5 has ac technology with 3 antennas. [†]Scroll back through loads of BBC, ITV, C4 & C5 content. Catch up content can't be recorded. BT Broadband/Infinity offers end 13/03/14. Available to BT Broadband customers signing up to an 18 month term and paying £15.99 a month BT line rental. You'll need to pay by Direct Debit. Packages include a BT Home Hub (Hub 4 with BT Broadband, Hub 5 with BT Infinity) unless BT has already provided you with one. If you decide to stop your contract in the first year, we'll charge you up to £65 towards the cost of your new BT Home Hub. Subject to availability, minimum line speed and computer specification. Full terms apply. **BT Broadband:** £13 a month from month 19. Non-offer price is £6.50 a month for 3 months, then £13. 10GB usage limit. **BT Infinity 1:** £18 a month from month 19. Non-offer price £15 a month for 18 months, then £18 a month. 20GB usage limit. **BT Infinity 1 & TV:** £23 a month from month 19. Non-offer price: Infinity 1 £15 a month for 18 months then £18 and BT TV Essential £5 a month. 12 month term for BT TV. 20GB usage limit. **TV Essential:** You'll get a YouView box but if you stop your service in the first year we will charge you up to £299. You'll need to pay £35 for powerline adapters if required. You'll need a fast-enough line. Availability of digital channels and quality of content depends on local transmitter and suitable rooftop aerial (www.freeview.co.uk/ availability). We'll charge you for on demand content. **BT Sport:** UK residential broadband customers only. BT broadband customers can watch BT Sport online at home with a minimum line speed of 400kpbs. To watch BT Sport online elsewhere you need 3G/4G/wifi (charges may apply). To watch BT Sport at btsport.com you need Microsoft Silverlight. The BT Sport App works on iPhone (3GS and above), iPad (iOS 5.1.1 and above) & selected Android devices with OS 4.1. Max. 2 devices simultaneously. BT Sport is also available on the Sky Digital Satellite Platform or BT TV with Infinity for new and existing broadband customers who sign up for 12 months or have 12 months remaining on their contract; ongoing renewal needed to get discounted BT Sport. Sport on BT TV requires compatible box- fee £49-£299 may apply. Sky box and active viewing card required. Excludes Multiscreen. e-billing required. Major League Baseball not available online. Terms apply. Please check bt.com/sport for details. **Wi-fi minutes:** See bt.com/wifi for details.